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Titolo	Opere / Lorenzo de'Medici ; a cura di Attilio Simioni
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2. Record Nr.	UNINA9910456671203321
Autore	Hart Susan
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Nota di contenuto	Cover Page; Title Page; Copyright; Contents; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; FOREWORD; CHAPTER ONE: The dynamic brain in a dynamic environment: an epigenetic understanding; CHAPTER TWO: Genetics and embryology: the cradle of personality; CHAPTER THREE: The brain: a complex and dynamic structure; CHAPTER FOUR: Windows of opportunity: the programmable hardwired system; CHAPTER FIVE: Resonance, synchronicity and mirror neurons: the basic units of brain circuitry and affect attunement; CHAPTER SIX: The basic body-sensing and affect-regulating brain: brainstem and cerebellum CHAPTER SEVEN: The brain of motor systems and emotions: the diencephalon and the limbic system CHAPTER EIGHT: The brain of complex emotions, mentalization, abstractioi and reason: the parietal lobes and the prefrontal cortex; CHAPTER NINE: Neurotransmitters, peptides, and hormones: the messengers of the brain; CHAPTER TEN: The affect-regulating system of the brain; CHAPTER ELEVEN: Girls, boys, men, and women: the impact of sex hormone and environment on differences between the sexes; CHAPTER TWELVE: The lateralized brain: right and left hemisphere CHAPTER THIRTEEN: Memory and its impact on the formation of personality and mentalization CHAPTER FOURTEEN: The foundation of personality: self and consciousness; Epilogue; GLOSSARY; REFERENCES; INDEX
Sommario/riassunto	'This is the best introduction to neuroscience for psychodynamic psychotherapists available today. It is sophisticated, comprehensive, up-to-date and at many points inspirational. It is accessible but never at the expense of oversimplification. It is highly informative, eschews speculation and is unusually clear in highlighting continuing gaps in our knowledge. This is an immensely valuable addition to all our libraries and is an ideal text for psychological therapists wishing to understand more about the revolution of knowledge that has taken place in neuroscience.' - Professor Peter Fonagy,