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2. Record Nr.	UNINA9910825141003321
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FAST Phases, Skills, and Techniques"; "3 Engaging"; "4 Tracking Interactions"; "5 Goal Development and Consensus"; "6 Frames, Framing, and Reframing"; "7 Initiating Change"; "8 Building Resilience and Terminating/Stepping Down"; "9 Some Final Thoughts on Practice"; "3 I-FAST Supervision, Agency Considerations, and Sustainability"; "10 Teaching and Supervising I-FAST"; "11 Fitting I-FAST and Agency Together"; "4 Research on I-FAST"; "12 Research on Integrative Family and Systems Treatment"; "References"; "Index"

Sommario/riassunto

Funders of mental health services to youth and families have increasingly required providers to use treatments deemed to be "evidence-based." There are several evidence-based family treatment (EBFT) approaches found to be effective with the same types of presenting problems and populations. All of these EBFTs claim to be based on similar theoretical approaches and have specified treatment protocols that providers must follow to be faithful to the model. These EBFTs are expensive for agencies to establish and maintain. Many agencies that initially adopted one of these EBFTs later de-adopted i
