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| 1. Record Nr. | UNISALENTO991003917349707536 |
| Autore | Balestracci, Duccio |
| Titolo | Medioevo e Risorgimento : l'invenzione dell'identità italiana nell'Ottocento / Duccio Balestracci |
| Pubbl/distr/stampa | Bologna : Il mulino, 2015 |
| ISBN | 9788815257406 |
| Descrizione fisica | 158 p. ; 22 cm |
| Collana | Saggi ; 824 |
| Disciplina | 945.083 |
| Soggetti | Identità collettiva - Italia - Ruolo [della] Storia medievale |
| Lingua di pubblicazione | Non definito |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
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| 2. Record Nr. | UNINA9910791858103321 |
| Autore | Sheldon Brian |
| Titolo | Cognitive-Behavioural Therapy [[electronic resource]] : Research and Practice in Health and Social Care |
| Pubbl/distr/stampa | Hoboken, : Taylor and Francis, 2011 |
| ISBN | 1-136-84525-9
1-136-84526-7
1-283-04149-9
9786613041494
0-203-83371-6 |
| Edizione | [2nd ed.] |
| Descrizione fisica | 1 online resource (302 p.) |
| Disciplina | 361.3/20941
616.89142 |
| Soggetti | Cognitive therapy
Ethics, Professional
Social case work - Great Britain
Social case work - Moral and ethical aspects
Social case work --Great Britain
Social case work --Moral and ethical aspects
Social Work
Social case work - Moral and ethical aspects - Great Britain |

Social case work
Behavior modification
Behaviorism (Psychology)
Behavior therapy
Cognitive Behavioral Therapy

Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Note generali	Description based upon print version of record.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Illustrations; About the author; Preface; Acknowledgements; Part One: History, development and distinctive features of cognitive-behavioural therapy; 1 Origins and development of cognitive-behavioural therapy; 2 Research on the effectiveness of cognitive-behavioural therapy; 3 Philosophical implications; Part Two: Psychological theory and research; 4 Learning theory and research; 5 Emotional reactions; Part Three: Intervention techniques including assessment; 6 Assessment, monitoring and evaluation; 7 Stimulus control (contingency management) techniques 8 Response control techniques9 Ethical considerations; Bibliography; Index
Sommario/riassunto	Cognitive-behavioural therapy (CBT) has been extensively researched and shown to be solidly underpinned by evidence. Broadly applicable across a wide range of personal and social problems - from depression and phobias to child behavioural problems - it is only now beginning to be used to its full potential in health and social care practice. This second edition of Cognitive-Behavioural Therapy is comprehensively revised and updated. It takes into account the significant amount of new research in the discipline, and integrates theory, research and practice. The text includes p