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| 1. Record Nr.           | UNISALENTO991003731379707536                                                                                             |
| Autore                  | Lo Schiavo, Fulvia                                                                                                       |
| Titolo                  | La Sardegna antica nei disegni di Francesco Corni / a cura di Fulvia Lo Schiavo e Giovanni Maria Demartis                |
| Pubbl/distr/stampa      | Piedimonte Matese : Imago Media Editrice, 2001                                                                           |
| Descrizione fisica      | 109 p. ; 29x22 cm                                                                                                        |
| Altri autori (Persone)  | Demartis, Giovanni Maria                                                                                                 |
| Soggetti                | Nurra - Immagini                                                                                                         |
| Lingua di pubblicazione | Italiano                                                                                                                 |
| Formato                 | Materiale a stampa                                                                                                       |
| Livello bibliografico   | Monografia                                                                                                               |
| Note generali           | Dal front.: Ministero per i Beni e le Attività Culturali. Soprintendenza Archeologica per le Province di Sassari e Nuoro |
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| 2. Record Nr.           | UNINA9910814801703321                                                                                                                        |
| Autore                  | Purushothaman Rajagopalan                                                                                                                    |
| Titolo                  | Emotional intelligence / / Rajagopalan Purushothaman                                                                                         |
| Pubbl/distr/stampa      | Mathura Road : , : SAGE Publications Pvt. Ltd, , 2021                                                                                        |
| ISBN                    | 93-5479-305-3<br>93-5388-752-6<br>93-5388-751-8                                                                                              |
| Edizione                | [1st edition.]                                                                                                                               |
| Descrizione fisica      | 1 online resource (196 pages) : illustrations                                                                                                |
| Collana                 | Sage essentials.                                                                                                                             |
| Disciplina              | 152.4                                                                                                                                        |
| Soggetti                | Emotional Intelligence<br>Artificial intelligence                                                                                            |
| Lingua di pubblicazione | Inglese                                                                                                                                      |
| Formato                 | Materiale a stampa                                                                                                                           |
| Livello bibliografico   | Monografia                                                                                                                                   |
| Nota di bibliografia    | Includes bibliographical references and index.                                                                                               |
| Nota di contenuto       | Cover -- Contents -- Foreword -- Acknowledgements -- Introduction<br>-- 1. Explaining Emotional Intelligence -- 2. Why EI? -- 3. What Is EI? |

-- 4. Self-awareness -- 5. Self-regulation -- 6. Self-motivation -- 7. Empathy -- 8. Social Skills -- 9. Building and Driving EI -- EI Strength Finder Tool -- Suggested Readings -- About the Author

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## Sommario/riassunto

In the digital world, the significance of emotional intelligence (EI) will gain further importance as technologies such as artificial intelligence (AI) and automation partly or fully replace human intervention. Humans will be valued by their unique characteristics and skills in the digital world. There is no doubt that EI is one of the differentiating future competencies in Industry 4.0. The book helps in understanding each component of EI along with its meaning, significance and application in our professional and personal lives. It talks about the five main elements of EI, namely self-awareness, self-regulation, self-motivation, empathy and social skills that allow us to escape from the ordinary. The necessary foundation for building EI is based on the three main components of mindfulness, resilience and compassion, which are also discussed in the book. It further provides steps for driving with EI and is filled with EI self-assessment tools and exercises. Emotional Intelligence shares the recipe for lifelong health, good relationships, professional and personal success, and happiness.

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| 3. Record Nr.           | UNIORUON00009803                                       |
| Autore                  | HOPWOOD, Derek                                         |
| Titolo                  | Egypt : Politics and Society 1945-1981 / Derek Hopwood |
| Pubbl/distr/stampa      | London, : G. Allen & Unwin, 1982                       |
| ISBN                    | 00-495-6011-5                                          |
| Descrizione fisica      | X, 194 p. ; 22 cm                                      |
| Classificazione         | EGI IV                                                 |
| Soggetti                | Egitto - Politica e governo - 1967-                    |
| Lingua di pubblicazione | Inglese                                                |
| Formato                 | Materiale a stampa                                     |
| Livello bibliografico   | Monografia                                             |