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Steven M. Albert and Vicki A. Freedman

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Reserve

Early and Midlife Influences on Late-Life Disability TrendsThe Domains of Public Health and Healthy Aging; Population Aging and the Goals of Public Health: Beyond Disease Prevention and Health Promotion; Summary; 2 Population Aging: Demographic and Epidemiologic Perspectives; Measures of Population Aging; The Demographic

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Demographic Transition and Increasing Life Expectancy; The

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Aging Matters; Shifting Health Care Needs of the Population

Emergence of the Oldest Old in AmericaSummary: 3 The Aging and Public Health Systems: Building a Healthy Aging Network; Parallel "Health Care Workforces" for the Aged; Attempts to Bridge the Parallel Systems of Elder Health Service Delivery; The Challenges of Bridging the Aging Services and Health Department Networks: A Case Study; Efforts to Develop Healthy Aging Networks; The Challenges of Standardizing Measurement in Healthy Aging Interventions: A Case Study; Promoting Healthy Aging: Alternative Community-Based Approaches; Estimating Aging Services Network Challenges in the Community Summary4 Chronic Disease in Older Adults; Common Population-Based Measures of Illness and Disease; Prevalence; Incidence; Comparing Prevalent, Debilitating, and High-Mortality Conditions; Comorbidity, Multimorbidity, and Self-Care; The State of Health Promotion and Chronic Disease Prevention for Older Adults; The U.S. Preventive Services Task Force: Older Adults and the Influenza Vaccine: Criteria for a Public Health Program; Medicare and Financing of Preventive Care in an Aging Society; Medicare's Basic Benefit Structure; Growing Emphasis on Prevention

Medicare's Fiscal Health and Disability and Disease PreventionPromoting Chronic Disease Management in Later Life; Geriatric Evaluation and Management; Making Patients and Families Partners in Medical Care; Avoiding Inappropriate Medication Use and Managing Polypharmacy; Summary; 5 Disability and Functioning; The Language of Disability; The International Classification of Functioning, Disability and Health (ICF); The Nagi Model of Disablement; The Measurement of Disability; Centrality of the Activities of Daily Living in Measuring Late-Life Disability

Difficulties in Measuring Activity Limitations Among Older Adults

Sommario/riassunto

The health care industry has continued its efforts to promote health and prevent disease among elderly populations. In this book, however, the authors argue that simple health promotion and disease prevention are not enough to address the many challenges of aging-whether it entails being physically frail, living with dementia, or approaching death. Instead, the unique focus of this groundbreaking text centers on maximizing function and well-being for the elderly. This book promotes the development and maintenance of optimal physical, mental, and social functioning, irrespective of acquired dis