

1. Record Nr.	UNISALENTO991002151289707536
Autore	Teilhard de Chardin, Pierre
Titolo	Il posto dell'uomo nella natura : il gruppo zoologico umano / Pierre Teilhard de Chardin ; prefazione di Jean Piveteau ; traduzione di Ferdinando Ormea
Pubbl/distr/stampa	[Milano] : Il Saggiatore, 1970
Descrizione fisica	184 p. ; 20 cm
Collana	Opere di Teilhard de Chardin ; 4
Altri autori (Persone)	Piveteau, Jean Ormea, Ferdinando
Disciplina	128
Soggetti	Uomo - Evoluzione
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr.	UNINA9910968726103321
Autore	Caine-Francis Dona
Titolo	Managing menopause beautifully : physically, emotionally, and sexually // Dona Caine-Francis
Pubbl/distr/stampa	Westport, Conn. : , : Praeger, , 2008 New York : , : Bloomsbury Publishing (US), , 2024
ISBN	9798400682261 9780313348259 0313348251
Edizione	[1st ed.]
Descrizione fisica	1 online resource (219 p.)
Collana	Sex, love, and psychology
Disciplina	618.1/75
Soggetti	Menopause
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Menopause: physical, emotional, and sexual reinvention -- Menopause basics: what is happening to my body? -- The changing body of the perimenopause and menopause woman -- Hormone therapy -- Reinvent the physical you -- Reinvent the emotional you -- Complementary and alternative strategies for the midlife woman -- Sexual revitalization -- Romeo meets Juliet at age 55!.
Sommario/riassunto	Some 38 million girls were born in the United States between 1946 and 1964, and now about 2 million of them each year are entering the menopausal phase of life. But these Baby Boomers are not docile, do-as-they-are-told, and ask-no-questions women. They insist on full information, options, and participation in the decision-making process regarding how they will navigate this potentially challenging phase. In this breakthrough book, Dona Caine-Francis offers a reader-friendly primer on everything women need to know to remain physically, emotionally, and sexually vibrant before, during, and after menopause. A certified sex therapist and a psychiatric nurse practitioner, Caine-Francis goes beyond the standard explanations and suggestions for menopause. She challenges women to consider the menopausal years a time of opportunity, a chance to seize the day and reinvent the self in three dimensions--physically, emotionally, and sexually. *This book,

be forewarned, contains adult material. Special features here include vignettes from therapy sessions for menopausal women and their partners, explanations of the five myths of menopause, a review of hormone therapy of all kinds, complementary and alternative medicine, insights into romance at midlife, and a chapter devoted to partners of these women to help them share an understanding and offering suggestions to keep the fires flamed. Strategies for sexual wellbeing of menopausal women may otherwise and elsewhere be neglected, but Caine-Francis provides a focus to such strategies and offers practical solutions to enhance sexual connections with partners.
