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""Committee on Military Nutrition Research""; ""Copyright""; ""Preface""; ""Contents""; ""Summary""; ""Background and Introduction""; ""HISTORY OF THE COMMITTEE""; ""COMMITTEE PROCEDURES""; ""Meetings""; ""Document Format""; ""Document Review""; ""ORGANIZATION OF THIS REPORT""; ""Not Eating Enough: Overcoming Underconsumption of Military Operational Rations""; ""CONCLUSIONS AND RECOMMENDATIONS""; ""AREAS FOR FUTURE RESEARCH""; ""A Review of the Revision of the Medical Services Nutrition Allowances, Standards, and Education (AR 40-25, 1985)""; ""CONCLUSIONS AND RECOMMENDATIONS""

""A Review of Issues Related to Iron Status in Women During U.S. Army Basic Combat Training""""CONCLUSIONS""; ""RECOMMENDATIONS""; ""FUTURE RESEARCH CONSIDERATIONS""; ""Nutritional Needs in Cold and in High-Altitude Environments""; ""CONCLUSIONS""; ""RECOMMENDATIONS AND AREAS FOR FUTURE RESEARCH""; ""Pennington Biomedical Research Center September 1996 Site Visit""; ""OVERALL CONCLUSIONS AND RECOMMENDATIONS""; ""Emerging Technologies for Nutrition Research""; ""CONCLUSIONS""; ""RECOMMENDATIONS""; ""Assessing Readiness in Military Women""; ""CONCLUSIONS AND RECOMMENDATIONS""

""Reducing Stress Fracture in Physically Active Military Women""""CONCLUSIONS""; ""RECOMMENDATIONS""; ""A Review of Antioxidants and Oxidative Stress in Military Personnel""; ""CONCLUSIONS""; ""RECOMMENDATIONS""; ""FUTURE RESEARCH RECOMMENDATIONS""; ""Military Strategies for Sustainment of Nutrition and Immune Function in the Field""; ""CONCLUSIONS""; ""RECOMMENDATIONS""; ""RECOMMENDATIONS FOR FUTURE RESEARCH""; ""The Role of Protein and Amino Acids in Sustaining and Enhancing Performance""; ""CONCLUSIONS AND RECOMMENDATIONS""; ""References""; ""Appendixes""

""Appendix A Meetings of the Committee on Military Nutrition Research December 1, 1994a€?May 31, 1999""""Appendix B Biographical Sketches of Members of the Committee on Military Nutrition Research December 1, 1994a€?May 31, 1999""; ""Biographical Sketches of Members of the Committee on Military Nutrition Research""; ""Appendix C Conclusions and Recommendations from the Workshop Report Not Eating Enough Submitted September 1995""; ""Committee Responses to Questions, Conclusions, and Recommendations""; ""Answers to the Questions Posed to the Committee""; ""Conclusions""

""The Underconsumption Problem""""Potential Effects of Underconsumption on Performance""; ""Strategies to Overcome Underconsumption""; ""Recommendations""; ""Areas for Future Research""; ""References""; ""Appendix D Letter Report: Review of the Revision of the Medical Services Nutrition Allowances, Standards, and Educationa€?""; ""Recommendations and Comments Regarding AR 40-25REV""; ""Conclusions""; ""References""; ""Attachment I""; ""Attachment III""; ""A. CMNR Recommendations and Comments Regarding the MRDAS: Further Explanation""; ""B. General Comments on AR 40-25REV""

""C. Specific Comments Regarding AR 40-25REV""
