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Nota di contenuto	Cover; Title; Copyright; Contents; Preface; Acknowledgments; Share Substance Abuse Treatment: Options, Challenges, and Effectiveness; Chapter 1: Introduction and Overview: What Is Treatment Effectiveness?; Problems with Definition; Measuring Treatment Effectiveness; What Makes It Hard to Evaluate Treatment Effectiveness?; Acute and Chronic Substance Treatment; Treatment Matching and Evidence-Based Practices; The Research and Clinical Gap; Obstacles to Treatment; Summary and Conclusion; Chapter 2: Treatment Goals:

Abstinence and Harm Reduction; Principles of Harm Reduction Historical Perspective Ethical Considerations; Politics of Harm Reduction; The Controlled Drinking Controversy and Moderation Management; Setting Treatment Goals; Summary and Conclusion; Chapter 3: Motivation for Treatment; Definitions of Motivation; Intrinsic Motivation; Extrinsic Motivation; History of Motivation; Stages of Change Model; Epiphanies and Spiritual Awakenings; Interventions by Family; Legally Mandated and Coerced Treatment; The Client and Counselor Relationship; Motivational Interviewing; Summary and Conclusion; Chapter 4: The Substance Abuse Treatment Industry The 1920's Through the 1940's The 1950's and 1960's; The 1970's; The 1980's; The 1990's; The 2000's; Cost-Effectiveness Issues in Substance Abuse Treatment; Summary and Conclusion; Chapter 5: Inpatient Substance Abuse Treatment; Detox Programs; Stabilization Programs; Inpatient Rehabilitation Programs; Residential Programs; Therapeutic Communities; Halfway Houses; Sober Houses; Summary and Conclusion; Chapter 6: Outpatient Substance Abuse Treatment; Project Match; Types or Models of Outpatient Substance Abuse Treatment; Brief Interventions; Outpatient Detoxification; Individual Therapy; Group Therapy Family Therapy or Behavioral Couples Therapy Telephone- and Web-Based Counseling; Pharmacologic Interventions; Methadone Maintenance; Other Pharmacologic Interventions; Counseling Styles and Approaches; Motivational Interviewing; Cognitive Behavioral Therapy; Contingency Management; Community Reinforcement; Adjunct Therapies; Summary and Conclusion; Chapter 7: Self-Help Groups; Research Issues; Alcoholics Anonymous; AA and Personality Traits; Narcotics Anonymous; Al-Anon and Nar-Anon; Self-Help and Treatment Programs Working Together; Limitations of Self-Help Programs; Summary and Conclusion Chapter 8: Treatment of Diverse Populations Race and Ethnicity; Native Americans; Hispanics and Latinos; African Americans; Asian Americans; Group Comparisons; Adolescents; Women; Abuse History; Pregnant Women; Lesbian, Gay, Bisexual, and Transgender People; Hiv/Aids; Older Adults; Summary and Conclusion; Chapter 9: Treatment of Co-Occurring Disorders (Dual Diagnosis); Social Networks and Family Support; Treatment Issues; Homelessness; Ethnicity; Types of Mental Health Problems; Anxiety Disorders; Depression; Bipolar Disorder; Borderline Personality Disorder; Antisocial Personality Disorder Attention Deficit Hyperactivity Disorder

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#### Sommario/riassunto

The first compendium of all substance abuse treatment options with a focus on best practices. This is the first compendium of the entire range of options available for treating substance abuse, with a focus on effectiveness. The book synthesizes treatment approaches from medicine, psychology, sociology, and social work, and investigates regimens that range from brief interventions to the most intensive and expensive types of inpatient treatment programs. It examines controversies over best practices in substance treatment and closely analyzes current research findings and their applicability

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