1. Record Nr. UNISALENTO991001087649707536

Autore	Rowntree, Derek
Titolo	Impara a studiare : avviamento programmato a migliori tecniche di studio / David. Rowntree
Pubbl/distr/stampa	Roma : Armando, 1985
Edizione	[4. rist.]
Descrizione fisica	159 p. ; 20 cm
Collana	I problemi della didattica ; 92
Disciplina	371.3028
Soggetti	Studio - Metodo
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Trad. di Franco Bigatti

2. Record Nr. UNINA9910357853603321

Autore	Whiteside Mary
Titolo	Promoting Aboriginal Health : The Family Wellbeing Empowerment Approach / / by Mary Whiteside, Komla Tsey, Yvonne Cadet-James, Janya McCalman
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Adis, , 2014
ISBN	3-319-04618-7
Edizione	[1st ed. 2014.]
Descrizione fisica	1 online resource (63 p.)
Collana	SpringerBriefs in Public Health, , 2192-3698
Disciplina	362.10899915
Soggetti	Social sciences Social Sciences, general Australia
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	The Family Wellbeing Empowerment Program -- The Research Approach -- An Aboriginal Family Wellbeing Model of Empowerment -- Beliefs and Attitudes -- Skills and Knowledge -- Agency -- Outcomes -- Conclusion.
Sommario/riassunto	"Those of us who have worked on the frontline of Aboriginal health for any length of time know that beneath the surface reality of Aboriginal people's poor health outcomes sits a deeper truth. It is about the importance of social and emotional wellbeing, and how this flows from a sense of control over one's own life. Where this is lacking, as it is in so many Aboriginal families and communities, there is instead indifference and despair and a descent into poor lifestyle choices and self-destructive behaviours. Our medical professionals do a great job of prescribing medicines and devising treatment programs but, to fix the root causes of ill-health, we need something more. As Aboriginal people we need to have a sense of agency in our lives, that we are not stray leaves blowing about in the wind. In a word, we need empowerment". Dr. Pat Anderson, Chairperson, the Lowitja Institute, Australia's National Institute for Aboriginal and Torres Strait Islander Health Research. .