

1. Record Nr.	UNINA9910460117103321
Titolo	Unified protocol for transdiagnostic treatment of emotional disorders [[electronic resource]] : therapist guide // David H. Barlow ... [et al.]
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2010
ISBN	0-19-020815-5 0-19-023074-6 1-282-94677-3 9786612946776 0-19-981333-7
Descrizione fisica	1 online resource (172 p.)
Collana	Treatments That Work
Altri autori (Persone)	BarlowDavid H
Disciplina	616.85/27 616.8527
Soggetti	Affective disorders - Treatment Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Part 1 Background for Therapists; Chapter 1 Introductory Information for Therapists; Chapter 2 The Nature of Emotional Disorders; Chapter 3 Basic Principles Underlying Treatment and Outline of the Treatment Procedures; Chapter 4 Overview of General Treatment Format and Procedures; Part 2 Treatment Modules; Chapter 5 Module 1: Motivation Enhancement for Treatment Engagement; Chapter 6 Module 2: Understanding Emotions; Chapter 7 Module 2: Recognizing and Tracking Emotional Responses; Chapter 8 Module 3: Emotion Awareness Training: Learning to Observe Experiences Chapter 9 Module 4: Cognitive Appraisal and ReappraisalChapter 10 Module 5: Emotion Avoidance; Chapter 11 Module 5: Emotion-Driven Behaviors; Chapter 12 Module 6: Awareness and Tolerance of Physical Sensations; Chapter 13 Module 7: Interoceptive and Situational Emotion Exposures; Chapter 14 Medications for Anxiety, Depression, and Related Emotional Disorders; Chapter 15 Module 8: Accomplishments, Maintenance, and Relapse Prevention; References; About the Authors

Sommario/riassunto Emerging conceptualizations of major emotional disorders emphasize their commonalities rather than their differences, including considerable overlap in disorder phenomenology, a common set of vulnerabilities to development of emotional disorders, and generalization of treatment response across disorders. Current research lends support for a unified transdiagnostic approach to treatment of these disorders that considers these commonalities and is applicable to a range of emotional disorders. Unified Protocol for Transdiagnostic Treatment of Emotional Disorders, part of the TreatmentsThatWork se

2. **Record Nr.** UNISA996397535603316
- Autore** Lee Nathaniel <1653?-1692.>
- Titolo** Sophonisba: or, Hannibal's overthrow [[electronic resource]] : A tragedy. Acted at the Theatre-Royal, by their Majesties servants. Written by Nathaniel Lee, Gent
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- Pubbl/distr/stampa** London, : printed for R. Bently, in Russel-street, in Covent-Garden, near the Piazza's, anno Domini, M DC XCI. [1691]
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- Descrizione fisica** [4], 60 p
-
- Lingua di pubblicazione** Inglese
- Formato** Materiale a stampa
-
- Livello bibliografico** Monografia
- Note generali** In verse.
Reproduction of the original in the Gonville and Caius (University of Cambridge) Library.
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- Sommario/riassunto** eebo-0204
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3. Record Nr.	UNISALENTO991000069339707536
Autore	Nardella, Tommaso
Titolo	Per la storia del Gargano : repertori bibliografici : Biblioteca di Tommaso Nardella, Biblioteca del Convento di San Matteo, San Marco in Lamis / Tommaso Nardella, Giuseppe Soccio, Mario Villani
Pubbl/distr/stampa	[S.l.] : Comunità montana del Gargano, [1993]
Descrizione fisica	533 p., [32] c. di tav. : ill. ; 24 cm
Collana	Comunità montana del Gargano ; 5
Altri autori (Persone)	Soccio, Giuseppeauthor Villani, Marioauthor
Altri autori (Enti)	Convento di San Matteo <San Marco in Lamis>
Disciplina	016.9457574 945.7574
Soggetti	Nardella, Tommaso Biblioteca Nardella, Tommaso Biblioteca Gargano <Promontorio> Storia Bibliografia
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia