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Nota di contenuto	GENDERING WOMEN; Contents; About the authors; Acknowledgements; 1. Gendering, inequalities, and the limits of policy; Introduction; Conceptualising the embodiment of infrastructure; Framing the study: which women's voices? Why women's voices?; Methods and methodologies; Gender analysis and the persistence of patriarchy in contemporary British society; Conclusion: from the Equal Pay Act to the Equality Act: why policy-led approaches alone cannot work; 2. Gendering women's minds: identity, confidence and mental wellbeing; Gender and mental wellbeing The global and local contexts of gender and mental health Gendering and engendering selves: how being a 'man' and being a 'woman' can make you sick; 3. Gendering girls, gendering boys: identities in process; Introduction ; Gender, power and women's mental health; Gendering women: constructions of women's identities; 4. Gendering and engendering violence in women's everyday lives; Introduction; 5. Gendering education: the paradox of success versus status ;

Introduction; Where does girls' confidence go? The transformation of girls in schooling  
The interplay of structural and symbolic violence: gendering the academic curriculum  
The structural and symbolic gendered violence of the behavioural curriculum; Visceral violence: the impact of sexism, sexualisation and sexual violence for girls in school; Conclusion; 6. Gendering reproduction: women's experiences of motherhood and mental wellbeing; Introduction: women and mothering; Gender regimes, womanhood and motherhood: unpicking the Gordian knot; Mothering in the public realm: understanding messages of good and bad mothering; Mothers and public sanction: good and bad bodies  
Pregnant and mothering bodies: public possessions? Family, domesticity and the 'good' mother: how to be a proper woman (and have a clean, tidy house); Understanding the impact of motherhood choices in the public arena: thinking through work and play; 7. Gendering women's labour: status, esteem and inequality in paid and unpaid work; Introduction; The role of advice and guidance for women; The importance of embodied infrastructure: role models and mentors; Exploring the gendered nature of women's work; The impact of motherhood on women's professional lives  
The role of women's employment in building confidence Conclusion; 8. Conclusions: the embodied infrastructure of women's spaces, gender awareness, and the capacity for change ; Women's spaces: women transforming/transforming women; Women-only services: meeting needs, raising aspirations; Women-only safe spaces; Why women-only?; A safe learning environment; Focus on confidence building, empowerment and independence; Service user involvement and volunteer training; Integrated, holistic and needs-based services; First-rung provision ; Women's centres as a 'one-stop shop'  
Reaching 'hard to reach' women: the importance of long-term provision

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#### Sommario/riassunto

Led by women's life history accounts, this is an engaging and accessible account of how constructions of femininity fundamentally affect women's mental wellbeing through the life course.

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