1. Record Nr. UNISA996396895503316 Autore Tryon Thomas <1634-1703.> **Titolo** The way to health, long life, and happiness, or A discourse of temperance and particular nature of all things requisite for the life of man [[electronic resource]]: as, all sorts of meats, drinks, air, exercises &c., with special directions how to use each of them to the best advantage of the body and mind: shewing from the true ground of nature, whence most diseases proceed, and how to prevent them: to which is added, a treatise of most sorts of English herbs, with several other remarkable and most useful observations, very necessary for all families: the whole treatise displaying the most hidden secrets of philosophy, and made easie and familiar to the meanest capacities, by various examples and demonstrances / / communicated to the world for a general good by Thomas Tryon. Pubbl/distr/stampa London,: Printed for H. Newman ..., 1697 Edizione [The third edition] Descrizione fisica [16], 456, [24] p Soggetti Health Alchemy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "The like never before published." Note generali Incorrectly identified on film as Wing T3202.

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