

1. Record Nr.	UNISA996396255703316
Autore	Lessius Leonardus <1554-1623.>
Titolo	The temperate man, or, The right way of preserving life and health, together with soundness of the senses, judgment and memory unto extream old age [[electronic resource] ] : in three treatises // the first written by the learned Leonardus Lessius, the second by Lodowich Cornaro, a noble gentleman of Venice, the third by a famous Italian; faithfully Englished
Pubbl/distr/stampa	London, : Printed by J.R. for John Starkey ..., 1678
Descrizione fisica	[35], 168 p
Altri autori (Persone)	CornarusLudwig HerbertGeorge <1593-1633.> FerrarNicholas <1592-1637.>
Soggetti	Nutrition Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	The first part is a translation of Lessius' "Hygiasticon"--NUC pre-1956 imprints. The first and third parts translated by Nicholas Ferrar--NUC pre-1956 imprints. "A treatise of temperance and sobriety" by Lud. Cornarus, trans by George Herbert--p. 130-156. "A discourse translated out of Italian, that a spare diet is better than a splendid and sumptuous"--p. 157-168. Reproduction of original in the Harvard University Library.
Sommario/riassunto	eebo-0062