Record Nr. UNISA996394251003316 Autore Tryon Thomas <1634-1703.> Titolo The way to health, long life, and happiness, or A discourse of temperance and particular nature of all things requisite for the life of man [[electronic resource]]: as, all sorts of meats, drinks, air, exercises &c., with special directions how to use each of them to the best advantage of the body and mind. Shewing from the true ground of nature, whence most diseases proceed, and how to prevent them. To which is added, a treatise of most sorts of English herbs, with several other remarkable and most useful observations, very necessary for all families. The whole treatise displaying the most hidden secrets of philosophy, and made easie and familiar to the meanest capacities, by various examples and demonstrances, the like never before published. // Communicated to the world for a general good by Thomas Tryon, student in physick London, : Printed for T. Carruthers bookseller in the Parliament-Close Pubbl/distr/stampa in Edenbrough, 1697 Edizione [The third edition] Descrizione fisica [16], 456, [24] p Health Soggetti Alchemy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali "The like never before published." Incorrectly identified on film as Wing T3202. Reproduction of original in Huntington Library. Nota di contenuto The way to health, long life, and happiness -- A dialogue between an East-Indian Brakmanny, or heathen philosopher, and a French gentleman, &c. -- To show that the recommending abstinence from flesh is no new upstart content -- A discourse of the philosophers stone.

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Sommario/riassunto