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Autore	Doughty Thomas <fl. 1618-1638.>
Titolo	The practise how to finde ease, rest, repose, content, and happines. Written by a religious man of the congregation of S Elias, & of the order of our Blessed Ladie of Mount Carmell. The first part. Contayning directions, how to make mentall, or spirituall prayer [[electronic resource]]
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Note generali	The author is mentioned in the approbation on L3v by his name in religion: Simon Stock.--STC. Actual imprint information from STC. Running title reads: Of ease, rest, repose, content, & happines. Reproduction of original in the Folger Shakespeare Library.
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