

1. Record Nr.	UNISA996391459203316
Autore	Vaughan William <1577-1641.>
Titolo	Directions for health, both naturall and artificiall [[electronic resource]] : approued and deriued from the best physitians, as well moderne as auncient. Teaching how euery man should keepe his body and minde in health: and sicke, how hee may safely restore it himselfe. Diuided into 6. sections. 1. Ayre, fire, and water. 2. Meate, drinke with nourishment. 3. Auoydance of excrements, by physicke, as mechoacans ale, tobacco, &c. 4. Remedies for common sicknesses. 5. The soules qualities and affections. 6. Quarterly, monethly, and daily diet. Newly enriched with large additions by the author
Pubbl/distr/stampa	London, : Printed by T[homas] S[nodham] for Roger Iackson, and are to be sould at his shop neare the Conduit in Fleetstreet, 1617
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Descrizione fisica	[8], 300, [4] p
Soggetti	Hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Dedication signed: William Vaughan. Originally published in 1600 as: Naturall and artificiall directions for health. The words "1. Ayre .. daily diet." are bracketed together on title page. Printer's name from STC. With two final contents leaves. Reproduction of the original in the British Library.
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