

1. Record Nr.	UNISA996390786703316
Autore	Vaughan William <1577-1641.>
Titolo	Approved directions for health, both naturall and artificiall [[electronic resource]] : deriued from the best physitians as well moderne as auncient. Teaching how euery man should keepe his body and mind in health: and sicke, how hee may safely restore it himselfe. Diuided into 6. sections 1. Ayre, fire and water. 2. Meate, drinke with nourishment. 3. Sleepe, earely rising and dreames. 4. Auoidance of excrements, by purga. 5. The soules qualities and affections. 6. Quarterly, monethly, and daily diet. Newly corrected and augmented by the authour
Pubbl/distr/stampa	London, : Printed by T. S[nodham] for Roger Iackson, and are to be solde at his shop neere the Conduit in Fleetestreete, 1612
Edizione	[The fourth edition.]
Descrizione fisica	[8], 150 p
Soggetti	Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	An edition of: Vaughan, William. Naturall and artificiall directions for health (STC 24615). Printer's name from STC. Reproduction of the original in the Folger Shakespeare Library.
Sommario/riassunto	eebo-0055