

1. Record Nr.	UNISA996389438503316
Autore	Lydgate John <1370?-1451?>
Titolo	The cronycle of all the kynges: that haue reygned in Englande: sythe the Conquest of Wyllyam Conqueroure [[electronic resource]] : And sheweth the dayes of theyr crownacion. And howe many yeres they dyd reygne. With the dayes of theyr death. And wher they were buried
Pubbl/distr/stampa	[London, : Printed by Robert Wyer, ca. 1552]
Descrizione fisica	1+ sheets ([1+] p.) : ill. (woodcuts)
Soggetti	Great Britain Kings and rulers Poetry Early works to 1800
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	By John Lydgate. Only known copy lacks all but first sheet. Reproduction of the original in the Henry E. Huntington Library and Art Gallery. Lacks all but first sheet.
Sommario/riassunto	eebo-0113

2. Record Nr.	UNINA9910150515203321
Autore	Heppell Michael
Titolo	How to save an hour every day / / Michael Heppell
Pubbl/distr/stampa	Harlow : , : Pearson Education Limited, , 2012 ©2012
ISBN	9786613275523 9780273746072 0273746073 9781283275521 128327552X 9780273746065 0273746065
Edizione	[1st edition]
Descrizione fisica	1 online resource (xviii, 163 p.)
Disciplina	640.43
Soggetti	Distraction (Psychology) Procrastination Self-actualization (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Introduction 1 Creating a strong enough why 2 Overcoming procrastination 3 To Do or Not To Do, that is the question 4 Dealing with distractions 5 Home 6 Work 7 Advanced techniques 8 Twenty-five extra ideas! About Michael Thank you Further Resources
Sommario/riassunto	This book shows you how to save some precious time, get more out of your day and have more free time for things you really love to do.