1. Record Nr. UNISA996387568603316 Dorrington Theophilus <d. 1715.> Autore Reform'd devotions, in meditations, hymns, and petitions, for every day Titolo in the week, and every holiday in the year [[electronic resource]]: divided into parts Pubbl/distr/stampa London,: Printed by J.A. for Joseph Watts ..., 1687 Descrizione fisica [24], 480 p Altri autori (Persone) BirchleyWilliam <1613-1669.> **Devotional calendars** Soggetti Hymns, English Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Reproduction of original in Bodleian Library. A reformation of John Austin's [i.e. William Birchley] Devotions in the ancient way of offices, 1668. Errata: p. 480.

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Sommario/riassunto

2. Record Nr. UNINA9910774849403321 Autore Cortonesi Alfio <1950-> Titolo Agricoltura e allevamento nell'Italia medievale : contributo bibliografico, 1950-2010 / / Alfio Cortonesi e Susanna Passigli Pubbl/distr/stampa Firenze:,: Firenze University Press,, 2016 Descrizione fisica 1 online resource (232 pages) : digital, PDF file(s) Collana Reti Medievali E-Book;; 26 Disciplina 630.945 Soggetti Agriculture - Italy - History - To 1500 Agriculture Animal culture - Italy - History - To 1500 Lingua di pubblicazione Italiano **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Sommario/riassunto The bibliography proposed takes into account the historiographical works on Middle Ages (VI-XV centuries) of the years 1950-2010: these are years particularly significant for the development and consolidation of studies relating to Italian (and more generally European) agricultural history. In order to facilitate the consultation, the work is organized into chapters and thematic sections, preceded by a brief explanatory note which gives an account of the criteria used to identify the listed works. The Introduction presents thoughts on the salient moments of the historiographical history at the heart of the contemporary

discussion.

Record Nr. UNINA9910595080403321 Autore Giacomello Emiliana Titolo Nutrition, Diet and Healthy Aging Pubbl/distr/stampa Basel, 2022 Descrizione fisica 1 online resource (264 p.) Biology, life sciences Soggetti Food & society Research & information: general Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Sommario/riassunto Over the last 100 years, the numerous advances in science, the improved sanitary conditions and a decline in poverty have led to an increase in life expectancy. As a result, in the coming years, the number of over-65s will triple, and the over-80s will be the fastest growing portion of the population. However, an increased lifespan is associated with an increase in chronic diseases, such as cardiovascular disease, diabetes, cancer, sarcopenia, and degenerative disorders. Therefore, ideally, increased lifespan should be associated to a better healthspan, which is the period one individual is living in good health. Based on evidence that aging is a multifaceted phenomenon, resulting from one or more failures at the molecular, cellular, physiologic, and functional levels, age-related diseases are difficult therapeutic targets. Data on the correlation between the quality of one's diet and life expectancy, and the application of calorie restriction regimens, or of

related diseases and improve healthspan.

micronutrients, antioxidants and functional foods in the diet make nutrition, together with exercise, a natural weapon to combat age-