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Nota di contenuto Contributors -- Preface -- pt. 1 The personal meets the social. Social

and personal contruction: two sides of the same coin / Mark Eliot Paris and Franz Epting -- Relational bridges between constructionism and constructivism / Sheila McNamee -- Steering personal construct theory toward hermeneutic constructivism / Gabriele Chiari and Maria Laura Nuzzo -- pt. 2 The personal and social in psychotherapy. Epistemology and psychotherapy: a constructivist conversation / Robert A. Neimeyer and William E. Chanillas -- The healing power of telling stories in psychotherapy / Lara Honos-Webb, Sunwolf, and Jerrold Lee Shaprio --Making meaning of child abuse: personal, social, and narrative processes / Stephanie Lewis Harter -- The search for emotional meaning and self coherence in the face of traumatic loss in childhood: a narrative process perspective / Lynne Angus and Beverley Bouffard --Looking through the mask: transforming trauma by restorying the self through action / Patrice Keats and Marla J. Arvay -- pt. 3 The personal and social in research. The zen of social phobia: a context-centered group treatment / Jay S. Efran and Sanjay R. Nath -- Reconstructing sociality after bereavement / Kenneth W. Sewell and Louis A. Gamino --

Constructivist stances for promoting justice in spirituality research /

Sommario/riassunto

Derrick Klaassen, Marvin McDonald, and Matthew Graham -- pt. 4 Dialogue, reflection, and anticipation: future directions. Adlerian psychology and psychotherapy: a relational constructivist approach / Richard E. Watts and Kati A. Phillips -- Constructive alternativism and the self / Spencer A. McWilliams -- Personal and social responses to tragedy: a case for "both/and" constructivism / Sara K. Bridges -- The permeability of personal construct psychology / Jonathan D. Raskin.

"Constructivist psychology focuses on how people create meaningful ways of understanding themselves and the world, which they in turn use to navigate everyday life. However, a persistent point of contention has been whether our constructions primarily originate from individuals or personal perspective have argued that each of us subjectively constructs a private, idiographic understanding of the world. By contrast, those from a social or relational perspective contend that the ways we understand our world and ourselves are primarily communal products, constituted via the dynamic interplay of culture, language, and ongoing relationships. This book marks an attempt to bridge the gap between personal and social perspectives within constructivism..." --back cover.