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Sommario/riassunto	<p>Early nutrition is critical to the health and development of infants as nutritional care may influence disease prognosis, clinical course, hospitalisation and propensity for disease in adulthood. 'Fast Facts: Infant Nutrition' is a practical, evidence-based guide for general physicians, nurses, health visitors and all healthcare professionals dealing with infants and their parents. The authors, both experts of international standing, offer sound management advice and protocols in a clear and accessible way supported by numerous illustrations and tables.</p> <ul style="list-style-type: none"> • Covers the correct nutrition of healthy infants and the nutritional management of disease • Includes health and safety aspects of infant nutrition • Offers a ground-breaking, practical approach to the management of feeding problems • Reviews the emerging results of trials designed to explore the effects of early nutrition on long-term health and development <p>Contents:</p> <ul style="list-style-type: none"> • Physiology • Nutritional requirements • Growth • Breastfeeding • Infant formulas and other milks • Other fluids in infant feeding • Transition to solid foods • Food safety and general health issues • A practical approach to feeding problems • Future trends.