

1. Record Nr.	UNISA996336715503316
Titolo	Shape
Pubbl/distr/stampa	Woodland Hills, CA, : Shape Magazine, Inc Des Moines, IA, : Meredith Corporation
Descrizione fisica	1 online resource
Soggetti	Physical fitness for women Women - Mental health Physical Fitness Mental Health Periodicals. Current magazines. Periodical
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Periodico
Note generali	Has companion publication called: Shape cooks. Published by: Weider Publications, <Oct. 1998->