

1. Record Nr.	UNISA996262832103316
Autore	Gibson Barbara
Titolo	The Complete Guide to Understanding and Using NLP [[electronic resource]] : Neuro-Linguistic Programming Explained Simply
Pubbl/distr/stampa	Ocala, : Atlantic Publishing Group, 2011
ISBN	1-60138-791-1
Descrizione fisica	1 online resource (279 p.)
Disciplina	158.1
Soggetti	Acting Neurolinguistic programming Performing arts Social Sciences Psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Dedication; Table of Contents; Introduction; Chapter 1: What is Neuro-linguistic Programming?; The Four Learning Levels of NLP; History of NLP; Presuppositions of NLP; The Growth of NLP; Criticism of NLP; Chapter 2: What Can You Do with NLP?; What Do You Want NLP to Do for You?; The Value of NLP in Professional Settings; Use NLP to Align Values Around Success; Tools for Creating Rapport; Pacing for Rapport; The Value of NLP in Education; Use NLP in Your Personal Life; Chapter 3: The Pillars of NLP; Behavioral Flexibility; Sensory Acuity; Rapport; Outcome Thinking Chapter 4: Focus on the Outcome FrameOutcome Frame Defined; Chapter 5: Understanding Communication; How Do We Communicate?; Chapter 6: Metaprograms; Mental Processes; Filters that Determine How the World is Viewed; Common Factors in Resistance to Change; How to Use Metaprograms in NLP; Identifying Metaprograms; Chapter 7: Anchoring; Anchors and Future Pacing; Creating Positive Anchors; Using Anchors Effectively; Chapter 8: Submodalities; Fine Tuning Modalities (Representational Systems); Using the Swish Pattern to Make Behavioral Changes; Chapter 9: The Meta and Milton Models

Meta Model Processes Using the Meta Model; The Milton Model; Chapter 10: NLP Patterns; Patterns are Directions for Creating Effective Experiences; Presentation of Several Basic Patterns; Additional Patterns; Conclusion; NLP in Sales; NLP for Successful Communication; NLP in Education; NLP for Personal Change; NLP for Understanding Motivation; Presuppositions; References for Further Study; Glossary; Bibliography; Author Biography

Sommario/riassunto

When it first developed in the 1970s by Richard Bandler and John Grinder, Neuro-Linguistic Programming or NLP was considered a great advancement in psychotherapy and was widely studied as a means by which to subjectively study language, communication and personal change. Today, it is a highly successful means by which individuals such as yourself can not only get better in touch with yourself and how you interact with the world through language and other forms of communication, but to better understand those around you and make enhanced decisions through understanding. This book was written t

2. Record Nr.	UNISALENTO991003973689707536
Autore	Simplicius : Atheniensis <6. sec.>
Titolo	On Aristotle Physics 2 / Simplicius ; translated by Barrie Fleet
Pubbl/distr/stampa	London : Duckworth, c1997
ISBN	0715627325
Descrizione fisica	218 p. ; 24 cm.
Collana	[The ancient commentators on Aristotle]
Altri autori (Persone)	Fleet, Barrie
Disciplina	530
Soggetti	Aristotele - Fisica - Commenti Aristotele. Physicae
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Traduz. dall'antico greco.