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Nota di contenuto	Preface -- Tracking Effects of Exercise on Neuronal Plasticity -- How the Body Talks to the Brain; Peripheral Mediators of Physical Activity-Induced Proliferation in the Adult Hippocampus -- The Effects of Exercise on Dopamine Neurotransmission in Parkinson's Disease: Targeting Neuroplasticity to Modulate Basal Ganglia Circuitry -- Control of the Cell Cycle in Adult Neurogenesis and its Relation with Physical Exercise -- FNDC5/Irisin - Their Role in the Nervous System and as a Mediator for Beneficial Effects of Exercise on the Brain -- Evaluating Exercise as a Therapeutic Intervention for Methamphetamine Addiction-Like Behavior -- Evaluation of a C57BL/6J x 129S1/SvImJ Hybrid Nestin-Thymidine Kinase Transgenic Mouse Model for Studying the Functional Significance of Exercise-Induced Adult Hippocampal Neurogenesis -- The Benefits of Exercise on Structural and Functional Plasticity in the Rodent Hippocampus of Different Disease Models -- Running Improves Pattern Separation during Novel Object Recognition -- Downstream Consequences of Exercise Through the Action of BDNF -- Hormetic effects by exercise on hippocampal neurogenesis with glucocorticoid signaling.