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Titolo	Manual of smoking cessation [[electronic resource]] : a guide for counsellors and practitioners / / Andy McEwen ... [et al.]
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ISBN	1-281-32117-6 9786611321178 0-470-75786-8 0-470-75784-1
Descrizione fisica	1 online resource (170 p.)
Altri autori (Persone)	McEwenAndy
Disciplina	616.86/506 616.86506
Soggetti	Smoking cessation Cigarette smokers - Rehabilitation Nicotine addiction - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Essential information -- pt. 2. Practical advice.
Sommario/riassunto	Manual of Smoking Cessation provides the crucial knowledge required if you are involved in helping smokers to stop. The manual provides facts, figures, suggested interventions and sources of further information to assist in providing evidence-based treatment for smokers wishing to stop. This manual covers the core content areas and key learning outcomes described in the Standard for Training in Smoking Cessation (Health Development Agency, 2003). Manual of Smoking Cessation is structured in two concise parts: Part 1 provides essential information on smoking demographics, along with the