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Nota di contenuto	Intro The Dyslexic Adult Contents Preface to the Second Edition Preface to the First Edition Acknowledgements Prologue 1. Dyslexia in the Adult Years Introduction History Terminology Defining Dyslexia Evidence-based Practice The Nature of Dyslexia: Behavioural Characteristics Observable Behavioural Characteristics Affective Characteristics Positive Characteristics Behavioural Characteristics: Empirical Evidence Explaining Characteristics Biology and Neurology Cognition Dyslexia: AWorking Memory Model Explaining Positive Characteristics Explaining Affective Characteristics A Working Definition Dyslexia and Other Syndromes Dyspraxia Dyscalculia Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder Asperger's Syndrome Visual Stress Degrees of Dyslexia The Prevalence of Dyslexia Summary 2. Interventions Introduction Psychological Development in the Adult Years Transitions Successful Adjustment Risk and Resilience Learning in Adulthood Types of Intervention The Role of the Tutor/Coach Key Skills The Development of Metacognitive Skills Skill Development, Compensation and Accommodation: An Integrated Framework for Development Alternative Interventions Summary 3. Identification and Assessment Introduction

1.

Information Gathering -- Interviews -- Screening -- Checklists --Computer-based Tests -- LADS - Plus Version -- StudyScan and QuickScan -- Individually Administered Tests -- York Adult Assessment Battery -- Dyslexia Adult Screening Test (DAST) --Scholastic Abilities Test for Adults (SATA) -- Formal Diagnosis --Testing Intelligence -- WAIS-IV -- Verbal Tests -- Working Memory Tests -- Perceptual Reasoning Tests -- Processing Speed -- The Global Composite - Full Scale IQ. The Specific Composite - Index Scores -- The Sub-test - Level WAIS-IV as an Ipsative Test -- The Item Level and Task Cognitive Capacities --Abbreviated Scales -- Tests for Teachers -- Further Psychological Testing -- Phonological Processing and Naming Speed -- Memory Ability -- Executive Functioning -- Achievements in Literacy and Numeracy -- Reading -- Reading Levels -- The Components of a Reading Assessment -- Decoding -- Comprehension -- Listening Comprehension -- Speed of Reading -- The Assessment of Metacognition in Reading -- The Assessment of Reading Skills and Information Technology -- Writing and Spelling -- Numeracy --Measuring Affective Characteristics -- Self-Esteem -- Anxiety -- Reassessment -- Diagnosis and English as an Additional Language --Diagnosis and Other Syndromes -- Dyspraxia/DCD -- Dyscalculia --ADD/ADHD -- Asperger's Syndrome -- Visual Stress -- Pretending to Have a Learning Difficulty -- Feedback to Client -- Report Writing --Summary -- Appendix A: Sample Report -- Appendix B: A Guide through the Maze of Assessments -- 4. Counselling -- Introduction --Aims of Counselling -- Issues in Counselling Dyslexic People --Approaches to Counselling -- Couple Counselling -- Referring On --Summary -- 5. Personal Development -- Introduction -- Selfunderstanding -- The Nature of the Difficulty -- Interpreting Dyslexia -- Abilities and Strengths -- Metacognition -- The Importance of Metacognition to Learning and Working -- A Metacognitive Technique -- Issues in Personal Development -- Self Advocacy -- Personal Organisation -- Goal Setting -- Prioritisation -- Memory Skills -- Social Skills -- A Dyslexic Person's Perspective -- A Case History - C --Summary -- 6. Literacy for Living -- Introduction -- Prose Literacy --Document Literacy -- Quantitative Literacy -- Lifelong Learning --Planning a Programme. Information Processing and Literacy -- Improving Levels of Literacy --Improving Reading Accuracy -- Improving Reading Comprehension --The Pass Reading Strategy -- Improving Spelling -- Improving Writing -- Improving Quantative Literacy -- A Dyslexic Person's Perspective --Coaches Comment -- Summary -- 7. Academic and Professional Learning Skills -- Introduction -- The Keys to Success in Higher and Professional Education -- The Importance of Metacognition -- Selfunderstanding and Self-reflection -- Self Reflection Attribution and Self Efficacy -- Learning and Working Styles -- Cognitive Learning Differences -- Behavioural Learning Styles -- Time Management --Organisation of Work -- Reading -- Critical Reading Skills --Comprehending Diagrammatic and Tabular Formats -- Essay Writing --Understanding the Task - Question Analysis and Process Words --Proofreading -- Grammar and Punctuation -- Spelling -- Listening Comprehension -- Note Taking -- Note Making -- Revision and Memory Skills -- Examinations -- Statistics -- Presentations --Working in a Group -- Tutorials -- The Role of the Tutor -- The Role of the Student -- The Keys to Success -- The Responsibilities of Colleges and Universities -- Study Skills Course Outline -- A Dyslexic Person's Perspective -- Sample Assessment Report -- Summary -- 8. Career Development and Guidance -- Introduction -- Approaches to

	Counselling and Development Career Guidance: A Decision Making Model Career Guidance and the Dyslexic: A Model Case Example Career Development A Dyslexic's Perspective: Dyslexia and Journalism Summary 9. Dyslexia At Work Introduction The Whole Organisation: Awareness Training Disclosure: To Tell or Not To Tell Goodness of Fit Recruitment and Selection Recruitment Selection The Workplace Assessment/Consultation The Manager's Role. Challenges Facing Dyslexic People Metacognitive Skills at Work Transfer of Skills Evaluation and Reflection Changes and Transitions at Work Support in the Workplace Tutoring Training, Coaching and Mentoring A Coaching Example Programme Length Mentoring Addressing Challenges Organisation of Work and the Work Space Memory Reading at Work Reading for Information Reading Complex Material Specific Visual Difficulties Performance Issues Written Work in the Office Record Keeping Report Writing Numeracy Proofreading and Checking Listening Skills at Work Minute and Note Taking Meetings Workplace Consultancy Report A Coaching Course Outline Summary 10. Advocacy Introduction The Legislative Framework Dyslexia as a Mental Impairment Adverse Effects which are Substantial Long- Term Substantial Effects Normal Day-to-Day Effects Reasonable Adjustments of the Job/Course An Undue Financial or Administrative Burden Adjustments in Recruitment, Selection and Promotion Types of Test Accommodations/Adjustments Disclosing Dyslexia When to Say Something Whom to Tell What to Say Policy and Practice in Employment Legislation in Education and Training Policy in Higher Education Summary Epilogue Appendix A Sample Interview Schedule Appendix B Useful Contact Addresses References Index.
Sommario/riassunto	A definitive and evidence-based guide for psychologists, teachers, coaches, HR personnel and all professionals who must understand and work with dyslexic adults. The only book to look at dyslexia within the context of life span developmental psychology, including the factors that contribute to success - now fully revised and updatedCombines an accessible style with a strong focus on evidence-based practice and a sound theoretical model on which to base assessment, counselling, teaching and trainingProvides a clear guide to the kinds of assessment that can be conducted