

1. Record Nr.	UNISA996210830103316
Titolo	Obesogenic environments [[electronic resource]] : complexities, perceptions, and objective measures // edited by Amelia A. Lake, Tim G. Townshend, Seraphim Alvanides
Pubbl/distr/stampa	Chichester, West Sussex, : Blackwell Pub., 2010
ISBN	1-118-78661-0 1-283-13891-3 9786613138910 1-4443-2379-2
Descrizione fisica	1 online resource (250 p.)
Altri autori (Persone)	LakeAmelia A TownshendTim G AlvanidesSeraphim
Disciplina	614.5/9398
Soggetti	Obesity - Epidemiology Obesity - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Obesogenic Environments; Contents; Contributors; About the Editors; Dedication; Acknowledgements; 1 An International Perspective on Obesity and Obesogenic Environments; 2 Towards Transdisciplinary Approaches to Tackle Obesity; 3 Walkability, Neighbourhood Design and Obesity; 4 Availability and Accessibility in Physical Activity Environments; 5 Defining and Mapping Obesogenic Environments for Children; 6 Objective Measurement of Children's Physical Activity in the Environment: UK Perspective; 7 Physical Activity and Environments Which Promote Active Living in Youth (US); 8 Active Travel 9 Greenspace, Obesity and Health: Evidence and Issues10 Eating Behaviours and the Food Environment; 11 Food Policy and Food Governance - Changing Behaviours; 12 Neighbourhood Histories and Health: Social Deprivation and Food Retailing in Christchurch, New Zealand, 1966-2005; 13 Environmental Correlates of Nutrition and Physical Activity: Moving Beyond the Promise; 14 Obesogenic Environments: Challenges and Opportunities; Index

Sommario/riassunto

In a world where obesity has now reached epidemic proportions, a thorough understanding of the underlying causes of the problem is essential if society, public health initiatives and government policies are to successfully address the issue. The obesogenic environment describes all the possible influences that our environment presents which encourage overweight and obesity in individuals and populations. Beginning with an overarching introduction to obesity and its implications for health and wellbeing, the book will move on to consider such crucial areas as eating behaviours and food enviro
