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Collana	Ideas into action guidebook series
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Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Title Page; Table of Contents; A Two-Part Process; The Challenge of Personal Change; The Challenge of Conflicting Commitments; Making Changes; Perception Is Everything; How to Get Noticed; Reaching Out; Suggested Readings; Background; Key Point Summary; Lead Contributor
Sommario/riassunto	This book offers help in making changes--and in getting people to notice them. Changing is hard work. One part of that work is the change itself. You must decide to change and then make the change happen. That in itself is a big accomplishment. But what if you're doing all that work and making significant changes--and no one notices? It can be very discouraging! But take heart! This book shows you how to move on with the second part of the work, the follow-through: getting people to notice that you are changing.