

1. Record Nr.	UNISA996206193503316
Titolo	2011 19th International Conference on Geoinformatics
Pubbl/distr/stampa	[Place of publication not identified], : IEEE, 2011
ISBN	1-61284-848-6
Descrizione fisica	1 online resource (various pagings) : illustrations some color
Disciplina	910.285
Soggetti	Geographic information systems
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
2. Record Nr.	UNINA9910961180903321
Autore	Rosqvist Johan
Titolo	Exposure treatments for anxiety disorders : a practitioner's guide to concepts, methods, and evidence-based practice // Johan Rosqvist
Pubbl/distr/stampa	New York : , : Routledge, , 2005
ISBN	1-136-91577-X 0-203-84383-5 1-283-71201-6 1-136-91578-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xviii, 255 p.) : ill
Collana	Practical clinical guidebooks series
Disciplina	616.85/2206
Soggetti	Anxiety - Treatment Behavior therapy Cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Formerly CIP.
Nota di bibliografia	Includes bibliographical references and index.

Nota di contenuto

Anxiety phenomenon -- Description of the behavioral treatment strategy -- Research basis of the phenomenon and its treatment -- Clinical cases -- Complicating factors in anxiety treatment -- Maintenance and follow-up strategies -- Professional and public persona.

Sommario/riassunto

Johan Rosqvist draws together the latest research in the rapidly expanding field of anxiety disorder & illuminates how to apply the methodology of behavioural therapy techniques to the various situations that confront the mental health professional.
