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Sommario/riassunto	<p>Learn more about age discrimination and how it affects us allThe Encyclopedia of Ageism is a comprehensive review of over 125 aspects of ageism, alphabetically arranged for easy access. Written by 60 experts, the book examines topics such as anti-aging, stereotypes, and the media--with numerous references for further information. You'll find an alphabetical list of the entries, a detailed index, and a list of the entries categorized by subject, to help you find what you need fast. This resource will increase your awareness about the many facets of ageism and provide you with a wealth of concepts, theories, and facts about ageism.This important resource exposes the many faces of dehumanization through the elder neglect and prejudice that results from today's worldwide youth-oriented culture. The Encyclopedia of Ageism will help you recognize ageism when you encounter it and avoid it in your own thinking and actions. The book is a valuable guide for anyone working with older people and for older people themselves. With the Encyclopedia of Ageism, you will be able to identify personal, cultural, and institutional sources of ageism, such as:age denialage inequality/stratificationsexualityscapegoatingabusethe disengagement theoryand so much more!This eye-opening reference shows how discrimination against elders can have consequences to the aged, the youth, the economy, and society as a whole. The Encyclopedia of Ageism promotes a future where the human rights of older persons are preserved and aging is considered a positive stage in the cycle of life.</p>

With this book, you will find strategies for reducing ageism, changing perceptions, and enhancing the quality of life for senior citizens and--someday--yourself.
