

1. Record Nr.	UNINA9910459706903321
Autore	Lesser Zachary
Titolo	Hamlet after Q1 : an uncanny history of the Shakespearean text // Zachary Lesser
Pubbl/distr/stampa	Philadelphia, Pennsylvania : , : University of Pennsylvania Press, , 2015 ©2015
ISBN	0-8122-2356-X 0-8122-9039-9
Edizione	[1st ed.]
Descrizione fisica	1 online resource (304 p.)
Collana	Material Texts
Classificazione	HI 3423
Disciplina	822.3/3
Soggetti	Transmission of texts - England - History - 17th century Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front matter -- Contents -- Introduction. The Urn-Hamlet -- Chapter 1. As Originally Written by Shakespeare -- Chapter 2. Contrary Matters -- Chapter 3. Enter the Ghost in His Night Gowne -- Chapter 4. Conscience Makes Cowards -- Conclusion. Q1 in the Library at Babel -- Notes -- Bibliography -- Index -- Acknowledgments
Sommario/riassunto	In 1823, Sir Henry Bunbury discovered a badly bound volume of twelve Shakespeare plays in a closet of his manor house. Nearly all of the plays were first editions, but one stood out as extraordinary: a previously unknown text of Hamlet that predated all other versions. Suddenly, the world had to grapple with a radically new—or rather, old—Hamlet in which the characters, plot, and poetry of Shakespeare's most famous play were profoundly and strangely transformed. Q1, as the text is known, has been declared a rough draft, a shorthand piracy, a memorial reconstruction, and a pre-Shakespearean "ur-Hamlet," among other things. Flickering between two historical moments—its publication in Shakespeare's early seventeenth century and its rediscovery in Bunbury's early nineteenth—Q1 is both the first and last Hamlet. Because this text became widely known only after the familiar version of the play had reached the pinnacle of English literature, its reception has entirely depended on this uncanny temporal oscillation;

so too has its ongoing influence on twentieth- and twenty-first-century ideas of the play. Zachary Lesser examines how the improbable discovery of Q1 has forced readers to reconsider accepted truths about Shakespeare as an author and about the nature of Shakespeare's texts. In telling the story of this mysterious quarto and tracing the debates in newspapers, London theaters, and scholarly journals that followed its discovery, Lesser offers brilliant new insights on what we think we mean when we talk about Hamlet.

2. Record Nr.	UNISA996203977703316
Titolo	Sports nutrition [[electronic resource] /] / edited by Ronald J. Maughan, Louise M. Burke
Pubbl/distr/stampa	Malden, Mass., : Blackwell Science, c2002
ISBN	1-281-30880-3 9786611308803 0-470-70916-2 0-470-75718-3 1-4051-4055-0
Edizione	[1st ed.]
Descrizione fisica	1 online resource (200 p.)
Collana	Handbook of sports medicine and science
Altri autori (Persone)	MaughanRon J. <1951-> BurkeLouise
Disciplina	613.2/024/796
Soggetti	Athletes - Nutrition Nutrition
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Handbook of Sports Medicine and Science Sports Nutrition; Contents; List of contributors; Forewords by the IOC; Preface; Part 1 Nutrition needs for training; 1 Exercise and energy demands; 2 Fuels used in exercise: carbohydrate and fat; 3 Protein and amino acid requirements of athletes; 4 Micronutrients: vitamins and minerals; 5 Fluids and electrolytes; 6 Alcohol and sport; Part 2 Nutrition for competition; 7 Preparation for competition; 8 Eating and drinking during exercise; 9

Post-event recovery; Part 3 Practical sports nutrition; 10 Assessing nutritional status and needs
11 Changing size and body composition 12 Dietary supplements and ergogenic aids; 13 Practical strategies to meet nutrition goals; 14 Eating well while traveling; 15 Strategies for special populations; 16 Strategies for special environments: heat; Index

Sommario/riassunto

Sports Nutrition, which focuses on the importance of proper nutritional preparation for athletes, provides a practical supplement to Nutrition in Sport. It provides an essential reference on all aspects of sports nutrition for the team coach, athletic trainer, physical therapist and allied health-related professional working with athletes and sports teams, and the knowledgeable athlete.
