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Chapter 7 Helping patients make the most of their treatment; Introduction; Self-management and patient support; The challenge of promoting treatment adherence; Prescribing skin-related products and opportunities for medicines education; Conclusion; References; Part 2 Principles of illness management; Chapter 8 Psoriasis; Introduction; History of psoriasis; Who gets psoriasis?; Biology of psoriasis; Comorbidities associated with psoriasis; Clinical variants of psoriasis; Physical symptoms that accompany psoriasis; Trigger factors in psoriasis; Treatments for psoriasis; Measuring quality of life Conclusion; References; Chapter 9 Eczema; Introduction; What is eczema?; Atopic eczema; What is eczema commonly mistaken for?; Eczema severity assessment; Caring for children with eczema; Other forms of eczema in adulthood; Contact dermatitis; Treatment options for eczema; Conclusion; References; Chapter 10 Acne; Introduction; What is acne?; Who gets acne and distribution; Treatments; Psychological impact; Conclusion; References; Chapter 11 Skin cancer and its prevention; Introduction; Skin cancer epidemiology: the scale of the problem; Pre-malignant skin lesions; Non-melanoma skin lesions Introduction to melanoma; Surgery; Causation, risk prevention and early detection; Nursing intervention and promoting self-examination; Conclusion; References; Chapter 12 Infective skin conditions and infestations; Introduction; Bacterial skin infections; Viral infections; Fungal infections; Infestations; Conclusion; References; Chapter 13 Less common skin conditions; Introduction; Blistering conditions; Connective tissue disorders; Drug reactions; Lichen planus; Pityriasis rosea; Primary cutaneous T-cell lymphomas; Rosacea; Urticaria; Vitiligo; Conclusion; References; Appendices; Appendix 1 - The psoriasis area severity index (PASI)

Sommario/riassunto

Principles of Skin Care is a practical, evidence-based guide to the principles of skin management and skin health. Broader than a dermatology book, this text focuses on the generic components of helping patients with skin conditions and exploring the underlying evidence base. It provides practitioners with the skills and information needed to become competent in caring for the skin, preventing skin breakdown, managing patients with common skin conditions and helping patients cope with the psychological impact of skin problems.
