

1. Record Nr.	UNISA996198210503316
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Titolo	Continuing professional development [[electronic resource]] : a guide for therapists // Auldeen Alsop
Pubbl/distr/stampa	Oxford ; ; Malden, MA, : Blackwell Science, 2000
ISBN	1-281-31830-2 9786611318307 0-470-69031-3 0-470-68005-9 0-632-06034-4
Descrizione fisica	1 online resource (ix, 182 p.)
Disciplina	615.507155 615.8/515/0715
Soggetti	Occupational therapists - Vocational guidance Physical therapists - Vocational guidance Occupational therapy - Study and teaching (Continuing education) Physical therapy - Study and teaching (Continuing education)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Foreword; Preface; 1 Continuing professional development; 2 Using portfolios for continuing professional development; 3 Developing a portfolio; 4 Building a career; 5 Competence: maintenance and development; 6 Equipped to learn; 7 The adult learner; 8 The workplace as a learning environment; 9 Learning opportunities and strategies; 10 Learning skills and their application; 11 Gaining qualifications; 12 Support for learning and continuing professional development; 13 Activities for continuing professional development; Realising dreams; Index
Sommario/riassunto	Therapists must increase their understanding of Continuing Professional Development (CPD) to maintain and improve competence. Every practitioner will need to take steps to maintain and demonstrate continued competence under the provisions of the new Health Act 1999. This book considers current policy on CPD and discusses the

theoretical basis for maintaining competence and for adult learning. Primarily, however, it provides practical guidance on how to develop a strategy for professional and career development, and on portfolio preparation that shows evidence of professional updating and
