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Nota di bibliografia

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Nota di contenuto

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Sommario/riassunto

A systems approach to understanding and minimizing the causes of low back pain in the workplace. Low back pain affects 80% of the population at some point during their lifetime; it is responsible for over 40% of the compensation costs for work-related injuries. This book provides an understanding of the mechanisms influencing low back pain in the workplace and indicates how low back pain might be prevented, saving employers extraordinary amounts in medical costs and protecting workers from the most common on-the-job injury. With a unique, multidisciplinary perspective that shows how vario

