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Autore TRENCHARD, John

Titolo Cato's letters : antologia / Trenchard e Gordon ; a cura di Carlo Lottieri

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Descrizione fisica Trad. di: Cato's letters or, Essays on liberty, civil and religious, and

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2. Record Nr. UNINA9910793365203321 Autore Chang Sand C. Titolo A clinician's guide to gender-affirming care: working with transgender and gender-nonconforming clients / / Sand C. Chang, Anneliese A. Singh, Lore M. Dickey; foreword by Mira Krishnan Oakland, California:,: Context Press,, 2018 Pubbl/distr/stampa **ISBN** 1-68403-053-6 Descrizione fisica 1 online resource (314 pages) Disciplina 616.8900867 Soggetti Transgender people - Mental health Transgender people - Counseling of Sexual minorities - Mental health Sexual and Gender Minorities Mental Health Services Health Services for Transgender Persons Delivery of Health Care - methods Mental health care for LGBTQ people Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Nota di contenuto Challenge your gender training -- Respect client self-determination --Understand cultural landscapes of gender diversity -- Know the history of trans health care in the U.S. -- Consider diverse genders and sexualities -- Understand your role as a mental health provider --Develop trans-affirming mental health diagnostic skills -- Identify barriers and challenges -- Cultivate resilience -- Assess mental health needs -- Know options for social, medical, and legal transition --

of trans health care in the U.S. -- Consider diverse genders and sexualities -- Understand your role as a mental health provider -- Develop trans-affirming mental health diagnostic skills -- Identify barriers and challenges -- Cultivate resilience -- Assess mental health needs -- Know options for social, medical, and legal transition -- Assess and refer for gender-affirming medical care -- Collaborate with interdisciplinary providers and trans communities -- Practice affirming individual counseling -- Support trans clients in relationship and family counseling -- Connect clients to group support -- Affirm trans clients across the lifespan -- Support gender expansive youth -- Create transaffirming practice environments -- Be a strong trans advocate -- Empower trans counselors. -- From publisher's description.

Sommario/riassunto

As a clinician, you understand there's no one-size-fits-all approach for working with transgender and gender nonconforming (TGNC) clients. These clients each require unique treatment methods that address who they are in relation to the world. This comprehensive guide outlines the latest research and recommendations to provide you with the requisite knowledge, skills, and awareness to treat TGNC clients with competent and affirming care. You'll learn about the historical and cultural contexts of this population, as well as ethical and legal issues that can arise when networking with gender-diverse individuals in a clinical setting. You'll also find information about informed consent approaches, and referral for medical procedures such as hormone therapy or surgery. This book provides everything you need to enhance your practice and help your TGNC clients thrive. -- From publisher's description.