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| 1. Record Nr. | UNISA990003307360203316 |
| Autore | MEYSTRE, Pierre |
| Titolo | Elements of quantum optics / Pierre Meystre, Murray Sargent III |
| Pubbl/distr/stampa | Berlin [etc.] : Springer-Verlag, copyr. 1990 |
| ISBN | 3-540-54190-X |
| Edizione | [second edition] |
| Descrizione fisica | XIV, 496 p. : 113 ill. ; 25 cm |
| Disciplina | 535 |
| Collocazione | 535 MEY (B) |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
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| 2. Record Nr. | UNINA9910466006503321 |
| Autore | Sharma Arvind |
| Titolo | Gandhi : a spiritual biography / / Arvind Sharma |
| Pubbl/distr/stampa | New Haven : , : Yale University Press, , [2013] ©2013 |
| ISBN | 0-300-18738-6 |
| Descrizione fisica | 1 online resource (263 pages) |
| Disciplina | 954.035 |
| Soggetti | Statesmen - Religious life - India Religious leaders Electronic books. |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Birth and adolescence -- Child marriage -- God enters Gandhi's life -- Gandhi in London -- Gandhi and Raychand -- Gandhi's conversion |

experience -- Out of Africa -- Spiritual warfare -- Touching the untouchable -- Fighting fire with light -- Mahatma Gandhi and Ramana Maharshi -- Spiritual temptations -- Spiritual serendipity -- Beefing up vegetarianism -- The sex life of a celibate -- The Bhagavad Gita, Gandhi's other mother -- Gandhi, God, and goodness -- Demythologizing and analyzing Gandhi -- Gandhi's spiritual biography and contemporary history.

Sommario/riassunto

In his Autobiography, Gandhi wrote, "What I want to achieve - what I have been striving and pining to achieve these thirty years - is self-realization, to see God face to face. ... All that I do by way of speaking and writing, and all my ventures in the political field, are directed to this same end." While hundreds of biographies and histories have been written about Gandhi (1869-1948), nearly all of them have focused on the national, political, social, economic, educational, environmental, or familial dimensions of his life. Very few, in recounting how Gandhi led his country to political freedom, have viewed his struggle primarily as a search of spiritual liberation. Shifting the focus to the understudied subject of Gandhi's spiritual life, Arvind Sharma retells the story of Gandhi's life through this lens. Illuminating unsuspected dimensions of Gandhi's inner world and uncovering their surprising connections with his outward actions, Sharma explores the eclectic religious atmosphere in which Gandhi was raised, his belief in karma and rebirth, his conviction that morality and religion are synonymous, his attitudes toward tyranny and freedom, and, perhaps most important, the mysterious source of his power to establish new norms of human conduct. This book enlarges our understanding of one of history's most profoundly influential figures, a man whose trust in the power of the spirit helped liberate millions.

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| 3. Record Nr. | UNINA9910148569703321 |
| Autore | Simkins Vanessa |
| Titolo | The juice lover's big book of juices : 425 recipes for super nutritious and crazy delicious juices / / Vanessa Simkins |
| Pubbl/distr/stampa | Beverly, Massachusetts : , : Harvard Common Press, , 2016 ©2016 |
| ISBN | 0-7603-5300-X |
| Descrizione fisica | 1 online resource (355 pages) : color illustrations, photographs |
| Disciplina | 663.63 |
| Soggetti | Fruit juices Vegetable juices |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Includes index. |
| Nota di contenuto | Juicing basics -- Vegetables -- Fruits -- Specialty juices -- Especially for health -- And more. |
| Sommario/riassunto | "Filled with 425 recipes, The Juice Lover's Big Book of Juices is the ultimate juicing resource. Try as we might, it can be difficult to fit in the recommended six to eight servings of fruit and vegetables every day. Juicing makes it easy! Author and juicing expert Vanessa Simkins provides you with fresh, raw recipes you can juice everyday. Accessible to both experienced juicers and those looking to get started, The Juice Lover's Big Book of Juices is packed with fun, colorful photos and information on the preventative and curative health benefits of juicing. In addition to lots of recipes for detox juices and green juices, you'll find recipes using ingredients hard to find in other juicing books, such as nut milks and chia, as well as newer juicing trends, like juice shots and nightcap juices. Drink up!"--provided by Amazon.com. |