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Titolo Reproduction in transgender and nonbinary individuals : a clinical guide

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Nota di contenuto

Demographics and Reproductive Health Needs of Transgender and Nonbinary Individuals -- Overview of Gender-Affirming Therapy -- Effects of Masculinizing Therapy on Reproductive Capacity -- Fertility and Fertility Preservation for Transmasculine Individuals -- Fertility and Fertility Preservation for Transfeminine Individuals -- Obstetric, Antenatal and Postpartum Care for Transgender and Nonbinary Individuals -- Fertility Preservation in Transgender and Nonbinary Youth -- Non-Procreative Reproductive Issues and Sexual Function in Transmasculine Individuals -- Non-Procreative Reproductive Issues and Sexual Function in Transfeminine Individuals -- Psychosocial Aspects of Reproduction in Transgender and Nonbinary Individuals -- Legal Considerations for Transgender and Nonbinary Reproduction -- Ethical Considerations for Transgender and Nonbinary Reproduction -- Creative Inclusive, Gender-Affirming Clinical Environments for Transgender and Nonbinary Individuals.

Sommario/riassunto

There are approximately 1.4 million trans-identified individuals in the US alone, many of whom will undergo gender-affirming medical or surgical interventions to better align their appearance with their gender identity. Multiple major medical societies recommend fertility preservation counseling prior to starting any gender-affirming therapies, but data are limited on the reproductive effects of common gender-affirming hormone regimens. The burden of fertility counseling falls to the hormone providers and surgeons that are encountering these patients, many of whom will not have had adequate training or resources to provide evidence-based recommendations and options. Additionally, many reproductive health care providers are not trained in how to care for gender minorities. The purpose of this book is to be a reference for clinicians and researchers in the field of transgender medicine, to provide up-to-date data and resources to properly counsel transgender and nonbinary patients about the reproductive consequences of gender-affirming interventions and their options for family-building, and to educate providers about appropriate and culturally competent reproductive health care. Effects of masculinizing and feminizing hormone therapy, as well as the fertility preservation options available, are discussed in detail for both adults and youth. In addition to these medical considerations, both psychosocial, legal and ethical considerations are highlighted for a more well-rounded presentation. A final chapter describes how to create a welcome and accepting clinical environment. Such a reference does not currently exist, leading to the propagation of misinformation and encouraging patients to seek nonmedical sources, such as social media, for their information. Reproduction in Transgender and Nonbinary Individuals fills in this gap as a timely text for reproductive endocrinologists, surgeons and all clinical staff working with this population. .