

1. Record Nr.	UNISA990001355180203316
Autore	BONAFEDE, Giulio
Titolo	Luciano Laberthonniere : studio critico con pagine scelte / Giulio Bonafede
Pubbl/distr/stampa	Palermo : Mori, 1958
Descrizione fisica	311 p. ; 26 cm
Collocazione	II.1.D. 1906(IV-C-124)
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia
2. Record Nr.	UNINA9910816701903321
Autore	Mitcheson Luke
Titolo	Applied cognitive and behavioural approaches to the treatment of addiction : a practical treatment guide / / Luke Mitcheson ... [et al.]
Pubbl/distr/stampa	Chichester ; ; Malden, MA, : Wiley-Blackwell, 2010
ISBN	9786612547720 9781282547728 1282547720 9780470661420 0470661429 9780470661413 0470661410
Edizione	[1st ed.]
Descrizione fisica	1 online resource (242 p.)
Altri autori (Persone)	MitchesonLuke
Disciplina	616.86
Soggetti	Substance abuse - Treatment Compulsive behavior - Treatment Cognitive therapy Behavior therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia

Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>""Applied Cognitive and Behavioural Approaches to the Treatment of Addiction: A Practical Treatment Guide""; ""Contents""; ""About the Authors""; ""Foreword""; ""Preface""; ""List of Abbreviations""; ""Acknowledgements""; ""Chapter 1: Introduction to CBT for Substance Use Problems""; ""Chapter 2: Cognitive and Motivational Theories of Addiction""; ""Chapter 3: Fundamentals of Treatment""; ""Chapter 4: Enhancing Motivation to Change""; ""Chapter 5: Assessment and Introducing CBT to Clients""; ""Chapter 6: Formulation""</p> <p>""Chapter 7: Introduction to Substance-related Cognitions and Interventions""; ""Chapter 8: A Basic Framework for Working with Substance-related Beliefs""; ""Chapter 9: Additional Techniques to Facilitate Cognitive Change""; ""Chapter 10: Behavioural Experiments""; ""Chapter 11: Behavioural Interventions""; ""Chapter 12: Working with Emotions""; ""Chapter 13: CBT and Pathways to Recovery"";</p> <p>""References""; ""Index""</p>
Sommario/riassunto	<p>This new book offers professionals a practical guide to the psychological treatment of all substance abuse, including tobacco, alcohol, stimulant drugs, cannabis and opiates. It focuses on CBT interventions, which have the strongest evidence base for effectiveness in treating addictive disorders. Written by an author team highly experienced in the treatment of addiction, Applied Cognitive and Behavioural Approaches to the Treatment of Addiction will be accessible to a wide range of professionals, such as specialist nurses, drug counsellors and mental health graduate workers. The author team are all at the South London and Maudsley NHS Trust, UK.</p>