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	Autore	LERRO, Menotti
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	Altri autori (Persone)	ColemanSimon <1963-> KohnTamara
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Nota di contenuto

Title page-The Discipline of Leisure; Contents; Chapter 1-The Discipline of Leisure; Part I-Surveying the Self; Chapter 2-Bob, Hospital Bodybuilder; Chapter 3-Of Metaphors and Muscles; Part II-Temporalities of Leisure; Chapter 4-An Adventure Tourist Experience; Chapter 5-Reframing Place, Time and Experience; Part III-Enacting Nationality; Chapter 6-Animal and Human Bodies in the Landscapes of English Foxhunting; Chapter 7-Playing Like Canadians; Chapter 8-A Relaxed State of Affairs?; Part IV-Transcending the Nation; Chapter 9-Staged Discipline as Leisure; Chapter 10-Bowing onto the Mat
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Sommario/riassunto

The burgeoning social scientific study of tourism has emphasized the effects of the post-industrial economy on travel and place. However, this volume takes some of these issues into a different area of leisure: the spare-time carved out by people as part of their everyday lives - time that is much more intimately juxtaposed with the pressures and influences of work life, and which often involves specific bodily practices associated with hobbies and sports. An important focus of the book is the body as a site of identity formation, experience, and disciplined recreation of the self. Contributor
