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## Nota di contenuto

Contents; List of Figures; Acknowledgments; Introduction; Part I. SETTING THE STAGE FOR THE THREE-STEP APPROACH; Chapter 1. Overview of the Three-Step Approach; Chapter 2. Posture: A Precondition of Beautiful Singing; Part II. THE THREE STEPS: ONE STEP AT A TIME; Chapter 3. Step 1: "Open Body" and Breath Management; Chapter 4. Step 2: "Open Throat" and Resonance; Chapter 5. Step 3: "Forward Articulation" and Enunciation; Part III. REFINEMENTS TOWARD GREATER SKILL; Chapter 6. Principles of Registration; Chapter 7. Developing the Upper Range; Chapter 8. Legato and Musicality Postlude: What Goes Around Comes Around Appendix: Selected International Phonetic Alphabet Symbols and Corresponding English Words; Index; About the Author

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## Sommario/riassunto

In *The Essentials of Beautiful Singing: A Three Step Kinesthetic Approach*, performer and scholar Karen Tillotson Bauer unravels the complexities of vocal science through a cultivated simplicity that treats the practice of singing through singer's experience. In her three-step approach, Bauer integrates fact and application in a logical order, step by step, taking the mystery out of singing by approaching it as a kinesthetic

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