

1. Record Nr.	UNINA990009360960403321
Autore	Istituto geografico militare
Titolo	Cànetra [Documento cartografico] / Istituto geografico militare
Pubbl/distr/stampa	Firenze : IGM, 1957
Descrizione fisica	1 carta : color. ; 41 x 37 su foglio 61 x 51 cm
Collana	Carta d'Italia ; 139, quadrante 3, tavoletta SO
Localione	ILFGE
Collocazione	MP Cass.2 139, 3(3)
Lingua di pubblicazione	Italiano
Formato	Materiale cartografico a stampa
Livello bibliografico	Monografia
Note generali	Il meridiano di riferimento è M. Mario, Roma
2. Record Nr.	UNISA990000403650203316
Autore	ANGELONI, Franco
Titolo	Aspetti civilistici degli enti no profit e dell'attività di volontariato nel diritto positivo vigente / Franco Angeloni
Pubbl/distr/stampa	Napoli : Edizioni Scientifiche Italiane, 1999
ISBN	88-8114-840-4
Descrizione fisica	122 p. ; 23 cm
Collana	Quaderni di studi urbinati ; 4
Disciplina	346.45064
Soggetti	Enti senza scopo di lucro - Legislazione Servizio sociale volontario - Legislazione
Collocazione	XXX.A. Coll. 143/ 16 (X 27 VI 4) B3 26
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia

3. Record Nr.	UNINA9910788884503321
Autore	Amrein Werner O.
Titolo	Hardy type inequalities for abstract differential operators // Werner Amrein, Anne Boutet de Monvel-Berthier, and Vladimir Georgescu
Pubbl/distr/stampa	Providence, Rhode Island : , : American Mathematical Society, , 1987 ©1987
ISBN	1-4704-0795-7
Descrizione fisica	1 online resource (129 p.)
Collana	Memoirs of the American Mathematical Society, , 0065-9266 ; ; Number 375
Disciplina	515.7/242
Soggetti	Differential equations, Partial - Asymptotic theory Differential operators Inequalities (Mathematics)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"November 1987, Volume 70, Number 375 (third of 6 numbers)."
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	""Table of Contents""; ""1. Introduction""; ""2. Preliminary Inequalities""; ""3. Hardy Type Inequalities""; ""4. Some Extensions of the Hardy Type Inequalities""; ""5. Examples""; ""Appendix""; ""Bibliography""

4. Record Nr.	UNINA9910971761103321
Autore	Raylu Namrata
Titolo	A cognitive behavioural therapy program for problem gambling : therapist manual // Namrata Raylu and Tian Po Oei
Pubbl/distr/stampa	Hove, East Sussex ; ; New York, NY, : Routledge, 2010
ISBN	1-136-96225-5 1-136-96226-3 1-282-62929-8 9786612629297 0-203-85042-4
Edizione	[1st ed.]
Descrizione fisica	1 online resource (268 p.)
Altri autori (Persone)	OeiTian Po
Disciplina	616.85/227
Soggetti	Compulsive gambling - Treatment Compulsive gamblers - Rehabilitation Cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Figures and tables; Preface; Chapter 1: Overview; Chapter 2: Review of the problem gambling treatment literature; Chapter 3: Session one: Assessment; Chapter 4: Session two: Psychoeducation and selfmanagement strategies to stabilize gambling; Chapter 5: Session three: Cognitive-restructuring I ± identifying gambling specific thinking errors; Chapter 6: Session four: Cognitive-restructuring II ± challenging gambling specific thinking errors; Chapter 7: Session five: Cognitive-restructuring III ± identifying and challenging other/general thinking errors Chapter 8: Session six: Relaxation and imaginal exposureChapter 9: Session seven: Problem-solving and goal-setting skills training; Chapter 10: Session eight: Management of negative emotions; Chapter 11: Session nine: Relapse prevention and maintenance of therapeutic gains I ± balanced lifestyle; Chapter 12: Session ten: Relapse prevention and maintenance of therapeutic gains II ± coping with high-risk situations; Chapter 13: Elective session: Assertiveness skills training; Chapter 14: Elective session: Getting out of debt

Chapter 15: Elective session: Teaching significant others strategies to cope/deal with the gambler's behaviours
APPENDIX A: Guidelines for home exercises; APPENDIX B: Guidelines for role-plays/behavioural rehearsals; APPENDIX C: Assessing and managing suicidal clients; APPENDIX D: Notes on stages of change; APPENDIX E: Notes on motivational interviewing; APPENDIX F: Notes on controlled gambling; APPENDIX G: Case formulation and treatment plan sheet; APPENDIX H: Contract for completion of the treatment programme; APPENDIX I: Monitoring gambling sheet
APPENDIX J: Motivations towards gambling worksheet
APPENDIX K: Identifying gambling triggers and establishing safeguards worksheet; APPENDIX L: Daily schedule; APPENDIX M: Alternative activities worksheet; APPENDIX N: The START technique contract; APPENDIX O: Irrational thoughts record A (adapted from Beck et al., 1979); APPENDIX P: Irrational thoughts record B (adapted from Beck et al., 1979); APPENDIX Q: Relaxation techniques; APPENDIX R: Imaginal exposure worksheet; APPENDIX S: Problem-solving worksheet; APPENDIX T: Goal-setting worksheet; APPENDIX U: Negative emotions worksheet
APPENDIX V: Balanced lifestyle worksheet
APPENDIX W: Budgeting worksheet; References; Author index; Subject index

Sommario/riassunto

This book is a treatment manual providing guidance for therapists treating clients with gambling addictions. In this book the authors use a cognitive behavioural approach and provide a session by session guide for overcoming problem gambling. Essential topics covered include: assessment and psychoeducation; cognitive behavioural strategies to stabilize gambling; identifying and challenging thinking errors; relaxation and imaginal exposure; problem solving and goal setting; managing negative emotions; relapse prevention; maintain
