

1. Record Nr.	UNISA990000249120203316
Autore	Mattson, H. F.
Titolo	Discrete mathematics with applications / H. F. Mattson
Pubbl/distr/stampa	New York [etc.] : John Wiley & Sons, copyr. 1993
ISBN	0-471-59966-2
Descrizione fisica	XXV, 637 p. : ill. ; 23 cm
Disciplina	0040151
Collocazione	004.015 1 MAT
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
2. Record Nr.	UNINA9910254660503321
Autore	O'Brien Kylie
Titolo	A Clinician's Guide to Integrative Oncology : What You Should Be Talking About with Cancer Patients and Why / / by Kylie O'Brien, Avni Sali
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2017
ISBN	3-319-56632-6
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (XVII, 331 p. 2 illus. in color.)
Disciplina	616.994
Soggetti	Oncology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Ch. 1: The Ultimate Consultation- An Overview -- Ch. 2: Let's Talk About Stress -- Ch. 3: Nutrition -- Ch. 4: Sleep -- Ch. 5: Vitamin D and Sunshine -- Ch. 6: The Power of Movement: Integrating Exercise -- Ch. 7: Additional Therapies and Innovative Technologies -- Ch. 8: Bringing

It All Together.

Sommario/riassunto

This book is the definitive guide for oncologists, general medical practitioners and other healthcare professionals with an interest in integrative oncology. Guiding you on how to conduct the “ultimate consultation” from an integrative medicine perspective, this text is a valuable educational tool, presenting the latest evidence-based approaches to managing the cancer patient, as well as anecdotes and practical recommendations from Dr. Sali’s decades of clinical experience as a leading expert in integrative oncology. Topics include the role of mind-body medicine in cancer, stress reduction, diet, sleep, sunshine and Vitamin D, exercise, vitamins and other supplements, supportive complementary medicines including Chinese herbal medicine and acupuncture, and innovative investigative and treatment technologies. Written by two clinicians who are also educators and researchers, *A Clinician’s Guide to Integrative Oncology* provides practical, evidence-based information and patient advice that clinicians can put into practice immediately.