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Autore	International workshop NOSSDAV'93 : 4. : 1993
Titolo	Network and operating susem support for digital audio and video : 4th International workshop, NOSSDAV '93 : Lancaster, U.K., November 3-5, 1993 : proceedings / D. Shepherd [et al.] (eds.)
Pubbl/distr/stampa	Berlin [etc.] : Springer-Verlag, copyr. 1994
ISBN	3-540-58404-8
Descrizione fisica	VIII, 268 p. : ill. ; 24 cm.
Collana	Lecture notes in computer science ; 846
Disciplina	00465
Collocazione	001 LNCS (846)
Lingua di pubblicazione	Inglese
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2. Record Nr.	UNINA9910457541103321
Titolo	Lifelong engagement in sport and physical activity : participation and performance across the lifespan / / edited by Nicholas L. Holt and Margaret Talbot
Pubbl/distr/stampa	New York : , : Routledge, , 2011
ISBN	1-283-44258-2 9786613442581 0-203-80718-9 1-136-66066-6
Descrizione fisica	1 online resource (185 p.)
Collana	ICSSPE Perspectives
Altri autori (Persone)	HoltNick TalbotMargaret
Disciplina	613.7/1 613.71
Soggetti	Exercise Physical fitness Self-care, Health Physical Fitness Sports Motor Activity Self Care Electronic books.
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Nota di contenuto	Lifelong Engagement in Sport and Physical Activity Participation and performance across the lifespan; Copyright; Contents; About ICSSPE; Notes on contributors; Editors' introduction; PART I:Sport and physical activity during childhood and adolescence; 1 Sport participation during childhood and adolescence; 2 Physical activity during childhood and adolescence; PART II:Trasitions in sport and physical activity participation; 3 Tracking physical activity, energy balance and health from childhood to adulthood; 4 Rethinking participant development in sport and physical activity

5 Transitions in competitive sports
PART III: Sport and physical activity during adulthood among various populations; 6 The transtheoretical model and physical activity adherence; 7 Physical exercise as a social marker among middle-aged people in Sweden; 8 Muslim women's experiences of sport; 9 Engagement of people with disabilities in sport across the life span; PART IV: Sport and physical activity during older adulthood; 10 Psycho-social perspectives on the motivation and commitment of Master athletes; 11 What predicts exercise participation of older adults?
12 Energising lives and the value of physical activity for older adults
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Sommario/riassunto

Sport and physical activity should now be understood as lifelong activity, beginning in childhood, and accessible to participants of all levels of ability. This book offers an overview of some of the core concerns underlying lifelong engagement in sport and physical activity, encompassing every age and phase of engagement. The book explores key models of engagement from around the world, as well as specific areas of research that will help the reader understand this important topic. In adopting a lifespan approach, the book pays particular attention to sport and physical activity during
