

1. Record Nr.	UNIORUON00403170
Autore	RADOVICH, Natalino
Titolo	Profilo di linguistica slava / Natalino Radovich
Pubbl/distr/stampa	Napoli, : Edizioni Cymba, 1969
Descrizione fisica	3 v.
Disciplina	491.8
Soggetti	LINGUISTICA SLAVA COMPARATIVA
Lingua di pubblicazione	Molteplice
Formato	Materiale a stampa
Livello bibliografico	Monografia
2. Record Nr.	UNINA9910815683403321
Autore	Walser Robyn D.
Titolo	The heart of ACT : developing a flexible, process-based, and client-centered practice using acceptance and commitment therapy / Robyn D. Walser ; with Manuela O'Connell and Carlton Coulter ; foreword by Steven C. Hayes
Pubbl/distr/stampa	Oakland, California : , : Context Press, , [2019] ©2019
ISBN	1-68403-040-4
Descrizione fisica	1 online resource (250 pages)
Disciplina	616.891425
Soggetti	Acceptance and commitment therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part 1: Building Heart Through the ACT Core Processes -- Chapter 1. Getting Your ACT Together -- Chapter 2. Living Life from the Feet Up: Open, Aware, Engaged -- Chapter 3. Open and Aware: Knowledge of Self in Relation to Other -- Chapter 4. Engaged: Existence and Purpose

-- Chapter 5. Growing Your Therapeutic Fluency: What You Say and How You Say It -- Part 2: Building Heart Through Unfolding Experience
-- Chapter 6. Engagement in Process -- Chapter 7. Overarching, Interpersonal, and Intrapersonal Process in Practice -- Chapter 8. The Clinician's Experience: A Closer Look at the Intrapersonal Process -- Chapter 9. The Client and Clinician Experience: Exploring Interpersonal Process Through Challenge -- Chapter 10. The Stance of the ACT Therapist -- Epilogue: Owning Your Life; Living with Heart

Sommario/riassunto

"In The Heart of ACT, renowned acceptance and commitment therapy (ACT) trainer Robyn Walser explores ACT as a process-based therapy incorporating intrapersonal and interpersonal processes, as well as the six core components of psychological flexibility to connect clinicians to the dynamic and relational implementation of ACT. Engaging clinical scenarios, therapeutic insights, and supervision dialogues are offered to help clinicians move beyond their conceptual understanding of ACT principles to master the nuances of the therapeutic relationship at the heart of ACT. Using the tips and strategies in this professional guide, clinicians will learn to develop a flexible, grounded, and client-centered practice"--
