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| 1. Record Nr.           | UNIORUON00403170                                 |
| Autore                  | RADOVICH, Natalino                               |
| Titolo                  | Profilo di linguistica slava / Natalino Radovich |
| Pubbl/distr/stampa      | Napoli, : Edizioni Cymba, 1969                   |
| Descrizione fisica      | 3 v.   |
| Disciplina              | 491.8  |
| Soggetti                | LINGUISTICA SLAVA COMPARATIVA                    |
| Lingua di pubblicazione | Molteplice                                       |
| Formato                 | Materiale a stampa                               |
| Livello bibliografico   | Monografia                                       |
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| 2. Record Nr.           | UNINA9910815683403321  |
| Autore                  | Walser Robyn D.  |
| Titolo                  | The heart of ACT : developing a flexible, process-based, and client-centered practice using acceptance and commitment therapy / / Robyn D. Walser ; with Manuela O'Connell and Carlton Coulter ; foreword by Steven C. Hayes   |
| Pubbl/distr/stampa      | Oakland, California : , : Context Press, , [2019]<br>©2019   |
| ISBN                    | 1-68403-040-4  |
| Descrizione fisica      | 1 online resource (250 pages)  |
| Disciplina              | 616.891425   |
| Soggetti                | Acceptance and commitment therapy  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Part 1: Building Heart Through the ACT Core Processes -- Chapter 1. Getting Your ACT Together -- Chapter 2. Living Life from the Feet Up: Open, Aware, Engaged -- Chapter 3. Open and Aware: Knowledge of Self in Relation to Other -- Chapter 4. Engaged: Existence and Purpose |

-- Chapter 5. Growing Your Therapeutic Fluency: What You Say and How You Say It -- Part 2: Building Heart Through Unfolding Experience -- Chapter 6. Engagement in Process -- Chapter 7. Overarching, Interpersonal, and Intrapersonal Process in Practice -- Chapter 8. The Clinician's Experience: A Closer Look at the Intrapersonal Process -- Chapter 9. The Client and Clinician Experience: Exploring Interpersonal Process Through Challenge -- Chapter 10. The Stance of the ACT Therapist -- Epilogue: Owning Your Life; Living with Heart

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Sommario/riassunto

"In The Heart of ACT, renowned acceptance and commitment therapy (ACT) trainer Robyn Walser explores ACT as a process-based therapy incorporating intrapersonal and interpersonal processes, as well as the six core components of psychological flexibility to connect clinicians to the dynamic and relational implementation of ACT. Engaging clinical scenarios, therapeutic insights, and supervision dialogues are offered to help clinicians move beyond their conceptual understanding of ACT principles to master the nuances of the therapeutic relationship at the heart of ACT. Using the tips and strategies in this professional guide, clinicians will learn to develop a flexible, grounded, and client-centered practice"--

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