

1. Record Nr.	UNIORUON00053611
Autore	WALKER, John
Titolo	A catalogue of the arab-byzantine and post-reform umaiyad coins / by John Walker
Pubbl/distr/stampa	London, : The Trustees of the British Museum, 1956
Descrizione fisica	329 p., 30 c. di tav. ; 22 c
Classificazione	ARA XX B
Soggetti	NUMISMATICA - ISLAM - PERIODO OMAYYADE
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Esemplare in fotocopia
2. Record Nr.	UNINA9910148628503321
Autore	Light The Editors of Cooking
Titolo	Cooking Light 3-Step Express : Hearty Favorites for Weeknight Cravings
Pubbl/distr/stampa	Birmingham : , : TI Inc. Books, , 2016 ©2016
ISBN	9780848750701 0848750705 9780848750732 084875073X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (274 pages)
Disciplina	641.55499999999995
Soggetti	Cooking, American Quick and easy cooking Comfort food
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## Nota di contenuto

Cover -- Copyright -- Contents -- Welcome -- Ch. 1 Express Kitchen Guide -- Ch. 2 Poultry & Meat -- Ch. 3 Seafood -- Ch. 4 Pizzas, Pastas & Casseroles -- Ch. 5 Sandwiches & Soups -- Ch. 6 1-step Sides -- Nutritional Analysis -- Metric Equivalents.

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## Sommario/riassunto

Cooking Light 3-Step Express: Comfort Food shows you how to prepare hearty favorites in three simple steps with less than 30 minutes of hands-on prep time. On those hectic weeknights when you're pressed for time, what could be better than spending less time in the kitchen but still having a hot, comforting meal on the table each night? Cooking Light 3-Step Express: Comfort Food shows you how to prepare hearty favorites in three simple steps with less than 30 minutes of hands-on prep time. The 125 main dishes rely on efficient techniques and fresh grocery store convenience items like rotisserie chicken, pre-chopped vegetables, bagged greens, pizza doughs, and fresh pastas to create the unrivaled flavors and textures of your favorite comfort food meals—like creamy mac and cheese, hearty chili, and pot roast. The 1-2-3 game plans are built into each recipe, ensuring your time in the kitchen is kept to a minimum. Each dish also comes with suggestions for simple-to-prepare sides dishes to round out the meal. Prep tips give you additional recipe-specific help to streamline dinner preparation while Simple Swap tips give you options for customizing the meal to your family's tastes or what you may have on hand. Cooking Light 3-Step Express: Comfort Food shows readers that getting a hearty, healthy meal on the table really is as simple as 1-2-3.

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