

1. Record Nr.	UNINA9910765725803321
Autore	Jaspert Nikolas
Titolo	Entre mers—Outre-mer
Pubbl/distr/stampa	Heidelberg, : Heidelberg University Publishing (heiUP), 2018
ISBN	9783946054818
Descrizione fisica	1 online resource (285)
Soggetti	General & world history
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	The history of individual seascapes has recently become a vibrant and innovative field of research. Nonetheless, connections between seas (entre mers) and the imagination of lands „beyond the Sea“ (Outre-mer) have only rarely been focused in these contexts. This is precisely the main aim of the present collection of essays, which results from a conference held at Heidelberg University. The individual papers treat various aspects of transmarine connections, their regulation and mental expansion in an Indo-Mediterranean context, which comprises the Mediterranean, the Indian Ocean, as well as projections of seaways to India on other maritime areas, thus spanning a wide chronological spectrum from Egyptian antiquity to the onset of the Atlantic Age in the sixteenth century.

2.	Record Nr.	UNIORUON00047380
	Autore	ROMBANDEEVA, Evdokija Ivanovna
	Titolo	Sintaksis mansijskogo (vogul'skogo) jazyka / Evdokija I. Rombandeeva
	Pubbl/distr/stampa	Moskva, : Izd. Akademii Nauka, 1979
	Descrizione fisica	156 p. ; 22 cm
	Classificazione	EOS II C
	Soggetti	LINGUE FINNO-UGRICHE - MANSI (VOGUL)
	Lingua di pubblicazione	Russo
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
3.	Record Nr.	UNICAMPANIAVAN00044165
	Titolo	Venetian drawings from american collections : a loan exhibition / introduction and catalogue by Terisio Rignati
	Pubbl/distr/stampa	[Washington], : International Exhibition Foundation, 1974
	Descrizione fisica	XIII, 55 p., 123 c. di tav. : ill. ; 18 cm.
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia

4. Record Nr.	UNINA9910151606003321
Autore	Frank Ailsa
Titolo	Cut the crap and feel amazing
Pubbl/distr/stampa	Ailsa Frank Wellbeing Ltd
Edizione	[First edition.]
Descrizione fisica	1 online resource (256 p.)
Disciplina	158.1
Soggetti	Hypnotism Self-actualization (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>'Cut the Crap and Feel AMAZING' by author, Ailsa Frank will help people get into the AMAZING zone and rise above negative thinking and dramas. The techniques described in this book will help you to make changes to cut the crap from each area of your life - work, money, debt, wealth, relationships, love, parenting, addictions, heartache, bereavement, health, stress and mundane, everyday irritations. "The way you live your life is based on a series of habits and established patterns. By replacing old habits with new ones, you can change your life for the better," says Ailsa Frank. Ailsa, who is also an experienced hypnotherapist provides you with the knowledge and tools you need to take control of your life and ensure that it follows a more positive direction - the direction in which you want it to go. From the moment you start reading this book you will begin to change the way you think as the creative techniques will free your mind from negative rigid thoughts patterns. The book has been developed to ensure you gain an 'I can do it' attitude and then apply the tools to each area of your life. Included are inspiring case studies and anecdotes which will help you understand how you too can change your life for the better. Ten years ago when Ailsa started working in therapy she found few people would admit to being stressed but in recent years she finds most people openly talk about stress and how it impacts on their lives. "With the recent recession and people living more pressurised</p>

lives I know it's the right time for this book to give them a bit of support to get themselves back into the positive again" says Ailsa. She combines her techniques and extensive experience with clients mixed with common sense to teach you how to help yourself. This book is about letting go of the negative and getting into the AMAZING zone, learning to manage your life better and sorting through the things you need to change.
