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Autore	Carter Simon <1960->
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Edizione	[English ed.]
Descrizione fisica	1 online resource (144 p.)
Classificazione	44.93
Disciplina	615.5/3
Soggetti	Sunshine - Therapeutic use - History Sunshine - Health aspects Solar radiation - Physiological effect Phototherapy - History Sun-baths - History Suntan - History Human body - Social aspects
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (pages [117]-127) and index.
Nota di contenuto	Introduction -- Beyond the pale: sun. danger and delight -- The move to the great outdoors: camping, campers and the 'worthy suntan' -- Sunshine, hygiene and the sun cure: part 1 - rickets, sunlight and actinotherapy -- Sunshine, hygiene and the sun cure: part 2 - tuberculosis and heliotherapy -- Heliosis: part 1 - leagues of sunshine -- Heliosis: part 2 - building worlds of sunlight -- Sunlight in perspective: pleasure, sunlight and the socio-sensual environment.
Sommario/riassunto	"Rise and Shine takes as its starting point a view of sunlight as part of our material and social culture. How did the use of sunlight to treat tuberculosis and rickets in the early twentieth century alter our relationship with the sun? When was suntan lotion invented? By drawing

on a range of archival and historical sources, Rise and Shine traces the network of social and medical forces that constitute our current, sometimes problematic, relationship with sunlight."--BOOK JACKET.
