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Titolo	Adrenaline and the inner world : an introduction to scientific integrative medicine / / David S. Goldstein
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Descrizione fisica	1 online resource (328 p.)
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Soggetti	Adrenaline - Physiological effect Stress (Physiology) Autonomic nervous system Integrative medicine
Lingua di pubblicazione	Inglese
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Nota di bibliografia	Includes bibliographical references (p. [293]-294) and index.
Nota di contenuto	The inner world -- The "automatic nervous system" -- The arbiters of the inner world -- The rest of the cast -- Stress as a scientific idea -- Distress -- Stress in evolutionary perspective -- Dysautonomias -- Tests for dysautonomias -- Treatments for dysautonomias -- Drugs and the family -- The future: scientific integrative medicine.
Sommario/riassunto	It includes an extensive glossary.