

1. Record Nr.	UNINA9911110003603321
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Titolo	Training behaviour therapists : methods, evaluation and implementation with parents, nurses and teachers / / Derek Milne
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2015
ISBN	1-317-49636-1 1-315-71291-1 9781315712918
Edizione	[1st ed.]
Descrizione fisica	1 online resource (341 pages) : illustrations
Collana	Psychology Revivals
Disciplina	616.89/142 616.89142071
Soggetti	Behavior therapy - Study and teaching
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	First published in 1986 by Croom Helm.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. 'Giving psychology away' : an introduction -- 2. Placing behaviour therapists in context -- 3. Parents as therapists : a review of research -- 4. Parents as teachers : a programme of applied research / Bruce L. Baker -- 5. Nurses as therapists : a review of research -- 6. Nurses as therapists : the 'core course' illustration -- 7. Teachers as therapists : a review of research -- 8. Teachers as therapists : an account of the EDY project / Peter Farrell -- 9. Summary and discussion : 'giving psychology away' : an integration.
Sommario/riassunto	Originally published in 1986, one of the major developments in behavioural psychotherapy and mental health in the previous decade had been the growing involvement of non-psychologists in behaviour therapy. This was a result of the fact that there were too few psychologists to cope with problem behaviour and that other professionals or carers began to appreciate more clearly their potential as agents of behaviour change. Foremost among these 'mediators' of therapy were parents, nurses (particularly psychiatric nurses) and teachers (especially remedial teachers). Their involvement had greatly increased the efficiency of behaviour therapy at the time and opened up a new era in applied psychology. It also entailed the development of new training formats, evaluation procedures and implementation

strategies. The main aim of this book was to provide a summary of the research relevant to these issues, and to offer practical guidelines to those who were interested in training or being trained as behaviour therapists. For this reason there are chapters by researchers who have been involved in training parents, nurses and teachers. These chapters provide a detailed account of training in a form that was rarely available in published form at the time, and even today should be of great assistance to readers.
