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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; CHAPTER ONE Witches, giants and scary parents; CHAPTER TWO It's not fair; CHAPTER THREE Defile, defame, and devour; CHAPTER FOUR On seeking the source; CHAPTER FIVE On attacking femininity: womb envy; CHAPTER SIX On attacking masculinity: penis greed; CHAPTER SEVEN Envy and narcissism; CHAPTER EIGHT Gratitude and grateitude; CHAPTER NINE On sulking; CHAPTER TEN The resolution of malice; REFERENCES; INDEX
Sommario/riassunto	""Man' himself is the source of the dark forces against which he is constantly struggling. The book shows how is possible to transcend this basic malice by knowing how, what, why and when it arises. Envy, greed, jealousy and narcissism (the flip side of envy) are the essential components of the negative side of the self. Their positive counterparts are gratitude, generosity and compassion. Each element does not exist

in isolation from the other. The interplay of these forces of hate and love create the underlying structure of our lives, which on a personal level is called "character" and on the social level is called "culture". When malice predominates the result is murder and mayhem, vandalism and war. This encompasses the blind butchery of our environment and fellow creatures which permeates so many areas of the world, such as Libya, Ireland, Congo, Cambodia, or central London during recent demonstrations. This study will focus on the negative or angry constituents of the personality."--Provided by publisher.
